

CRUISE & MARITIME VOYAGES

EUROPEAN SHORT BREAK CRUISES



SHORE EXCURSIONS

2011



Dear Passenger

Introducing Your Shore Excursions

It is with great pleasure that we enclose the shore excursion brochure and booking form for your forthcoming Cruise & Maritime Voyages cruise.

This Cruise & Maritime Voyages shore excursion brochure has been designed to help you make the most of your time ashore at each port of call on your cruise. Visiting new destinations around the world is always an exciting prospect and at each port we have planned a variety of excursions designed to appeal to all tastes and budgets. By taking a shore excursion you can be sure that you are making the very most of your time in port.

Enjoy amazing experiences, magnificent sights and explore the destinations on your cruise. The shore excursions featured in this brochure provide detailed information on each excursion so that you can make the right choice for you.

Several of the shore excursions offered may have limited capacity and to avoid disappointment we strongly recommend you book your shore excursion in advance of sailing. To pre-reserve your shore excursions, please complete one reservations form per booking reference. There is no need to send any money as settlement is made at the end of your cruise through your shipboard account. A confirmation of your pre-reserved shore excursions is usually sent to you in advance of the sailing with your cruise tickets.

We thank you for choosing to sail with us and look forward to having the pleasure of your company on board and ashore on our shore excursion programme.

Yours sincerely,



Michelle Lupino, Manager of Shore Excursions

GENERAL SHORE EXCURSION INFORMATION & CONDITIONS

To enhance the enjoyment of your cruise, we have created a programme of optional shore excursions designed to show you the highlights of each of our ports of call. Our Shore Excursions staff will be pleased to assist you with your choice of tours to help make the most of your time ashore. This Shore Excursion brochure covers several cruises and not all the excursions listed may be available on your particular cruise. Please refer to the booking form for the excursions available during your voyage.

Pre-Reservation Service

It is strongly recommended that you use our pre-reservation service to ensure that places are reserved on the excursions of your choice. Several of the excursions we offer may have limited capacity. **Kindly complete one shore excursion booking form per booking reference.** Alterations to the pre-reservations, including cancellations, can only be accepted up until the date shown on the booking form; after which time all pre-reserved tours will be considered as confirmed bookings. When you take advantage of our pre-reservation facility, a copy of your signed shore excursion booking form will be passed to the Shore Excursion Manager on board. You will therefore find your pre-reserved excursion tickets will be delivered to your cabin within 24 hours of your Embarkation and the cost of your pre-reserved excursions will be debited to your shipboard account.

How to book onboard

Just complete and sign the booking form with your excursion selections and hand it in at the Shore Excursions Office on board. Desk opening hours will be shown in your daily programme.

Payment

Payments are debited to your shipboard account and the Shore Excursions team will ask you to sign in agreement that the amount to be charged is correct and will then issue your tickets accordingly.

Excursion Timings

The duration and departure times shown on the booking form are approximate and the final tour departure times will be confirmed on board. Following the ship's arrival in a port of call the relevant local authorities have to complete various formalities in order to clear the vessel and give the permission for passengers to be allowed to disembark. The time this procedure can take varies from port to port and shore excursions may only commence once these clearance formalities have been completed. Please consult the daily programme which will instruct you to assemble at a designated meeting point approximately ten to fifteen minutes prior to a tour's scheduled departure. Members of staff will direct each group of participants to the quayside and the coaches at the appropriate time. Please have the excursion ticket available to hand to the guide or driver as you board your coach.

Excursion Prices

The shore excursion prices are in Sterling and include transport, guides, meals and entrance fees according to the published description. Child prices shown apply to children between the ages of 3 and 12 inclusively. Children over the age of 13 will need adult tickets. Infants under the age of 3 can travel on the excursion free of charge, as long as they do not occupy a seat and it is not a flight or overnight excursion. Please note that all minors (under 18 years) must be accompanied by an adult on shore excursions.

Refunds & Cancellations

In the event of an excursion being cancelled, prior to operating, for reasons beyond our control, a full refund will be credited to your shipboard account. Shore Excursions will operate in all weathers unless the Shore Excursion Manager is advised by the local agent that it is inappropriate or unsafe to do so. We regret we are unable to refund the cost of excursions which are cancelled by passengers after the advertised time that the bookings close, unless the cancellation is for medical reasons duly certified by the Ship's Doctor. **From sailing day, until bookings close, a cancellation fee of 10% will be charged on any excursion cancelled by passengers for any reason other than certified medical conditions.** Details of the times when bookings close will be featured in the daily programme.

Choosing the Right Tour

Our organised shore excursions are designed to be a pleasurable experience and an enhancement of your cruise. Therefore we recommend, before you book an excursion, that you consider the physical requirements of that particular excursion, such as the amount of walking involved, to ensure that it is right for you. Please be aware that some archaeological sites, palaces, temples, museums and old city quarters can sometimes only be reached by walking on uneven paths or lots of steps, which could prove to be very difficult for those with limited mobility. Our Shore Excursions team will be pleased to assist you with any further information that you may require about individual excursions.

Transport

Dependent on the part of the world that you are visiting, the standard of transportation used for shore excursions may vary considerably. Please bear in mind that coaches may not be air-conditioned and accessibility may be challenging for some passengers. In some ports, particularly in the West Indies and in the more remote countries, local buses, taxis, minibuses, jeeps and even open trucks may be pressed into service where coach availability is limited or non-existent. The notes in the excursion description should indicate if this is known in advance, but the Shore Excursions team on board will be able to provide additional information.

Dress whilst Ashore

In general we recommend that you wear appropriate clothing and, if necessary, weatherproof coats or jackets. Footwear should be sturdy, flat and comfortable as some walking will be necessary to gain full enjoyment from the excursion programme. When you visit churches and other religious sites, please bear in mind that conservative dress will be required. Please always take your boarding pass with you and it is also prudent to have a photocopy of your passport. Leave on board jewellery, valuables, passports and other personal documents, and take only as much cash as you need for the excursion.

Excursion Descriptions

These are deemed to be correct at the time of printing but the planned content of excursions is subject to last-minute change such as detours because of heavy traffic or unexpected changes in the means of transportation. It should be noted that some of the listed attractions in an excursion may be viewed in a different order to avoid possible congestion. The term 'visit' in a description implies an inside visit to a building, monument or attraction, whereas when the term 'see' is used in a description, it indicates an external view only. When lunch is offered during full day excursions, usually one soft drink per person is included. If not mentioned specifically in the excursion description, there is no time reserved for shopping. Short comfort stops are usually included in each tour.

Activities and Water Based Excursions

You and all those in your party should be aware that some of the excursions offered may involve some degree of physical exertion and/or activity such as hiking, snorkelling, swimming etc. When booking this type of excursion you are confirming that you and all those in your party are in good physical condition and for example only, have no history of conditions such as seizures, heart conditions, respiratory problems, dizziness or fainting. It is your responsibility to ensure that you are fit and well enough to take part in the activities booked and you are reminded to take care for your safety at all times. There is a possibility you may be asked by the shore excursion provider to sign a document which may limit the excursion provider's liability. For any excursion which involves water you are advised to exercise care. Alcohol and eating a full meal should be avoided before swimming. If buoyancy aids are provided, they must be worn. Please bear in mind that the sea and swells can be unpredictable and lifeguards are unlikely to be present at all beaches/venues visited. All activities on the beach and in the sea are undertaken at your own risk.

Tour Escorts

In addition to a local guide, we endeavour to send a Ship's Escort with each excursion but we are unable to guarantee that every coach or group will have its own escort from the ship. These staff members fulfil these tour duties around their own

work schedules and rehearsals or emergency drills being called may prevent participation at short notice.

Photography

Prior to taking any pictures in churches, museums or palaces etc. please check with the guide that there is no restriction on photography or video filming in that location. In some ports of call special camera and video permits need to be purchased in advance but full information will be given on board during the relevant cruises.

Restoration Work

Please be aware that restoration work on certain buildings or sights in a port of call may involve the use of scaffolding and/or screens, which may impair the view.

Smoking

For the comfort of all passengers, smoking is not permitted aboard the excursion coaches/vessels.

Important Notes

For the safety and assurance of passengers, all the excursions are operated under the management of responsible and experienced local ground handling agencies, which hold the appropriate insurance cover to offer such services. Cruise & Maritime Voyages do not provide or supply the excursions services. Only the authorised Shore Excursion team on board are permitted to arrange or accept payment for such excursions or act as Excursion Agents during the cruise. Any excursions purchased form part of the single contract evidenced by the passenger ticket issued prior to the commencement of the cruise and are subject to all the terms and conditions of that contract. It is essential that before booking any shore excursion, you ensure that your travel insurance extends to cover the specified activity you may be participating in. This information represents the shore excursion plans and intentions at the time of printing. Subsequent events may cause us unavoidably to change our plans, which could affect the published itineraries and/or fares. In the event of such changes or alterations, wherever possible you will be advised in advance, and thus all information in this booklet must be considered as subject to alteration.

Independent Shore Leave

Once the vessel has been cleared, shore excursion participants on early departures will be called to disembark first and then you can go ashore on your own as well, as long as it is not forbidden due to visa requirements; or where the ship has only a very limited layover time in ports when a technical call is scheduled to disembark or embark shore excursion passengers only. If you go ashore on your own, it is at your own risk. It is not possible to guarantee that there will be an adequate amount of taxis available in each port of call. On rare occasions, a transfer bus from the port to the respective city centre may be organised and full information will be given on board in such instances. Please note that you have to return on board 30 minutes prior to the planned departure of the vessel. The ship cannot wait for passengers who go ashore independently and return late. Our organised shore excursions offer the safest and best way to explore each city during each call.

Important Information regarding Cruising in Norway and the Fjords

The weather in Norway can be varied, and you may experience different temperatures, rain and possibly snow showers. The majority of shore excursions will operate in all weathers, unless the Shore Excursion Manager is advised by the local agent that it is inappropriate or unsafe for the excursion to go ahead as programmed. Some of the excursions that we operate involve long tunnels, mountain roads and hair-pin bends. If an itinerary or route has to be changed for operational reasons a drive through a tunnel may be the only option available. Passengers suffering from vertigo or travel sickness are requested to take the necessary precautions. Coaches in Norway generally operate with forced-air ventilation rather than air conditioning and so the air will be circulated rather than cooled. Please dress according to the weather. Layered clothing is recommended and comfortable, sensible footwear is essential. Towns and cities in Norway usually have trained guides, however there are less guides in the smaller destinations and local people are used. These may be students or sometimes housewives. What they may lack in knowledge is compensated by their enthusiasm for where they live and what they wish you to learn of their culture. The magnificent scenery in Norway is sure to produce many photographic opportunities. However, please be aware that some of the excursions use mountain roads with hairpin bends and photo stops are not always possible.



AMSTERDAM, Holland

City Tour & Canal Cruise

Tour 409A – Approx. 3¾ hours

This comprehensive tour will acquaint you with the sights of old and new Amsterdam from the comfort of your coach and from the vantage point of the canals themselves. The city is known for its extraordinary network of tree-lined canals, friendly multilingual people, bubbling nightlife and sophisticated shopping.

Within a short time you find yourselves in the heart of the city, passing many places of historic interest such as the Munttoren (Mint Tower) and the baroque Royal Palace which, upon its completion in 1655, was hailed as the 'Eighth Wonder of the World'. Also of particular interest is the 16th century Schreierstoren (Weeping Tower) which, according to legend, derived its name from the sailors' wives who used to bid their husbands an emotional farewell from here.

You will see other famous and historical landmarks such as the Dam Square, Nieuwe Kerk, and Portuguese Synagogue. The tour then proceeds to the glass-topped motor launches for a delightful cruise along the picturesque canals of Amsterdam. They are the most characteristic feature of this lovely city whose image is indelibly stamped with the taste and philosophy of the early Dutch Renaissance. A cruise from canal level is the best way to see the variety of gables, merchants' mansions, historic buildings such as the Westerchurch and Twin Houses and bridges such as the Skinny Bridge as you glide through some of the city's one hundred canals.

👉 **By coach/canal boat, subject to a minimum of 40.**

👉 **Please note: This tour involves minimal walking. This tour will not operate on the Queen's Day Public Holiday - 30th April 2011. On this day the city is likely to be busy.**

Windmills & Volendam

Tour 409B – Approx. 4 hours

The drive northwards from the port of Amsterdam to the old Dutch windmill village of Zaanse Schans traverses farmland reclaimed from the depths of the former Zuiderzee, and is surrounded by dykes. This 'living' open-air museum has been faithfully recreated to mirror the Zaan community of around 1700; strolling around this quaint village gives you the flavour of what life was like in the 17th and 18th centuries before industrialisation. Most of the houses are wooden and painted green, typical of the area and the windmills still produce lumber, paint, oil, mustard and flour. A visit will be made to one of the windmills.

Leaving Zaanse Schans, you continue to the fishermen's village of Volendam: 600 years old, Volendam is picture-perfect with its narrow canals and drawbridges, immaculate houses with pointed roofs, and a charming little harbour dotted with typical Dutch boats. The traditional costumes are still worn by some of the older residents. There will be time for exploration at leisure, perhaps to admire the harbour, or to browse in the shops. Before returning to Amsterdam there will be a visit to an authentic Dutch cheese farm where you can sample some of the famous Dutch cheeses.

➤ **By coach/on foot, subject to a minimum of 40.**

➤ **Please note: This tour involves walking in Zaanse Schans and Volendam, some of it over uneven surfaces or on cobbles.**

Keukenhof & Flowerfields

Tour 409C – Approx. 6 hours

Spring in Holland brings out more than just tulips. Millions of crocuses, hyacinths and daffodils bloom in the bulb fields between Haarlem and Leiden. This excursion winds through typical towns and bulb fields before arriving at the flower exhibition Keukenhof. An unprecedented wealth of spectacular floral displays planted in endless varieties, alternated with beautiful works of art, make Keukenhof unique, world famous and one of the most popular destinations in the Netherlands.

➤ **By coach/on foot, subject to a minimum of 40.**

➤ **Please note: The transfer to Keukenhof will take approximately 1 hour. A guide will accompany you on the transfer and be available during your visit for any questions or help you may require. To allow maximum flexibility during your visit, this tour does not include refreshments or lunch. Please remember to take local currency with you should you wish to purchase refreshments. We recommend comfortable, non-slip shoes.**

Amsterdam Walking Tour

Tour 409D- Approx. 3 hours

Discover the old centre of Amsterdam on this walking tour and see parts of the city which cannot be viewed from the coach. Your guide will take you on a tour through historic Amsterdam with stories behind the architecture as you walk through the charming narrow alleyways. Pass St Nicholas Church, glimpse the infamous Red Light District, cross Dam Square and see the Royal Palace.

Visit the Beguinage, the oldest and most famous of the many courtyards in the city. It was created in 1346 to house Beguines, Catholic women who lived and dressed like nuns, without taking formal vows. They lived together in small urban communes known as Beguinages.

Continue walking through the Jordaan, famous for its cafés, restaurants, shops, markets, narrow streets and - most of all - its atmosphere. Enjoy a well-earned drink in one of the old typical Dutch brown café's. Walk past the Anne Frank House and the Westerchurch, where Rembrandt is buried and see the Prinsen Canal before your return walk to the ship.

➤ **On foot, subject to a minimum of 15/maximum 25 per group.**

➤ **Please note: Walking shoes are essential and you should dress according to the weather. This tour will only be cancelled in extreme weather conditions. Wind and rain are not considered extreme. If you wish to remain in the city at the end of the tour, you will be responsible for your own return to the ship.**

Liberty Park is home to the Dutch National War & Resistance and the Marshall Museum's where the history of World War II is presented.

The Battle of Overloon took place during World War II between Allied forces and the German army in and around the village of Overloon and is known as the heaviest tank battle ever on Dutch soil. The Allies defeated the enemy after two weeks of shelling. Historians label it 'the Battle in the Shadow' (of Operation Market Garden), and the local population still refers to it as 'the Forgotten Battle' since most Dutch people knew little about it until the liberation was complete.

The Museums are located in a beautiful and wooded park and house more than 150 vehicles, vessels and aircraft, giving an excellent overview of the military efforts during World War II. This is the largest collection of military vehicles in Europe. You will find layouts that provide you with a picture of the invasion in Normandy on D-Day, and also of the Battle at Arnhem and the Battle in the Ardennes. Also central in the Marshall Museum is the Red Ball Highway. This was the name of the American logistical system used to supply the front-line troops during their advance into France. The materials on display are in excellent condition and almost all the vehicles have been dismantled and reassembled to make them roadworthy again.

A buffet lunch with a choice of two drinks (soft drink, beer or coffee) is included during your visit to Liberty Park.

➤ **By coach/on foot, subject to a minimum of 40/maximum 300.**

➤ **Please note: The transfer to Overloon will take approximately 2 hours. There is approximately 2 hours of walking on this tour and comfortable walking shoes are recommended.**

In World War II, during Operation Market Garden (September 1944), the British 1st Airborne Division and the Polish 1st Independent Parachute Brigade were given the task of securing the bridge at Arnhem. The units were parachuted into the area but the bulk were dropped too far away and never met their objective. A small force of British 1st Airborne managed to make their way to the bridge but was unable to secure both sides. The Allied troops encountered stiff resistance from the German army which had been stationed in and around the city. The British force at the bridge eventually surrendered on 21st September, and a full withdrawal of the remaining forces was made on 26th September. General John Frost who was in command, fiercely denied that the bridge was surrendered. The current bridge is the third almost-identical bridge built at the same spot. The Dutch Army destroyed the first bridge when the Germans invaded Holland in 1940. The second bridge was destroyed by the US Army Air Forces shortly after the 1944 battle.

The first part of this special tour will visit Hartenstein Airborne Museum in Oosterbeek. Listen to moving stories told by British, Polish and German war veterans and to the testimony of civilians who endured the agonies. Authentic weapons, documents, films, photographs and other objects are on display in the Museum – a beautifully renovated building that the Allies used as their headquarters during the Battle. Don't miss the Airborne Experience in the underground area, where history comes alive and the dramatic events are brought startlingly close.

During the afternoon you will explore Arnhem. The bridge that was the centre of the action is in the centre of Arnhem and became known as the 'Bridge Too Far'. As a tribute, the rebuilt bridge was renamed 'John Frost-bridge' after the commander of the paratroopers.

The Battle of Arnhem Information Centre is situated beside this historic spot. At the centre you can see unique images and hear tales told by witnesses to the events. They recount what they saw, heard and experienced in those dreadful days of September 1944.

➤ **By coach/on foot, subject to a minimum of 40/maximum 40.**

➤ **Please note: The transfer to Arnhem will take approximately 1½ hours. There is approximately 2 hours of walking on this tour and comfortable walking shoes are recommended. To allow maximum flexibility during your day, this tour does not include refreshments or lunch. However a box lunch will be provided from the ship. Should you wish to purchase additional refreshments, please remember to take local currency.**



ANTWERP, Belgium

Bruges Sightseeing & Canals

Tour 400A – Approx. 8 hours

Bruges is an exquisitely preserved medieval city. It had the good fortune to be linked with the sea by a navigable waterway and the city became a leading member of the Hanseatic League in the 13th century, when the town established Europe's first stock exchange. As you enter the historical old town of Bruges, the beautiful medieval atmosphere is immediately evident. Cobble-stoned streets twist and turn and centuries-old buildings hover over the main canals.

Enjoy a guided walk through the picturesque city passing the Market Place with its merchant guild houses, the Belfry Tower, Town Hall and Gothic-style Chapel of the Holy Blood. Visit the 13th century Our Lady's Church, home to an array of art treasures including Michelangelo's white marble Madonna and Child.

Then it's time to see the beauty of Bruges from a different perspective, during a 30-minute guided canal boat cruise.

You will have no problem finding a lovely location to have lunch during your afternoon free time. Shops are plentiful and overflowing with souvenirs, delicious Belgian chocolates, finely made tapestries and, of course, the world-famous lace.

Finally, your guide will lead you to the Minnewater, a canalised lake with idyllic surroundings often referred to as the 'Lake of Love', the Dutch word 'Minne' meaning love.

👉 **By coach/canal boat/on foot, subject to a minimum of 40/maximum 240.**

👉 **Please note: There are steps to be negotiated when boarding and disembarking the canal boat. There is approximately 2 hours of walking on this tour which involves steps and cobblestones. Lunch is not included on this tour, so please remember to take local currency with you.**

On a guided city walk, your guide will lead you through the city centre to St Paul's Church, a house-hold name in Antwerp thanks to its immense artistic inheritance, the silent, picturesque calvary, the romance of the old monastery complex, the glory of the solemn orchestral masses and its location in the skippers' quarter. The art of painting is represented here by Antwerp masters such as Rubens, Jordaens and Van Dyck.

After your visit you will explore the old town of Antwerp surrounding the market place, including the Town Hall, gabled guild houses, cafés and the Brabo Statue and fountain. This was designed by Jef Lambeaux, who was inspired by the story of a cruel giant who lived beside the River Scheldt. The giant used to chop hands off all the sailors who refused to pay the toll. However, the story says that a brave soldier killed the giant and in turn threw his hands into the river.

Wander down 'Pie Alley', an alley typical of medieval Antwerp to Our Lady's Cathedral, the largest Gothic cathedral in Belgium and a major landmark of Antwerp. Inside you will find some of the world's greatest Rubens paintings including 'Elevation of the Cross' and 'The Descent of The Cross'. The architecture of this seven-aisle church has been restored to its full splendour after 20 years of restoration work.

From there, you walk by the Groenplaats with statue of the famous Belgian painter P.P. Rubens, born in the German town of Siegen in 1577, his parents were from Antwerp. From here you return to the ship.

👉 **On foot, subject to a minimum of 20/maximum 80.**

👉 **Please note: This is a walking tour and a certain pace is required to keep up with the group. The itinerary may operate in a different order to that advertised. We recommend comfortable walking shoes and warm clothing. There are a few steps at the Cathedral. This tour will only be cancelled in extreme weather conditions. Wind and rain are not considered extreme.**

Transfer to Belgium's capital, Brussels, along the highway. On arrival enjoy a panoramic tour passing the King Boudewijn Stadium, the Centenaire Exhibition Halls, and the Atomium statue, built for the world fair in Brussels in 1958. Your coach will then take you to the centre of the city passing the Chinese pavilion, the Japanese Tower and the Royal Castle of Laeken (the residence of our King Albert and Queen Paola).

From the Central Station, start a walking tour to the old town to admire St Hubert Arcades and Butchers' Street with its plethora of restaurants and cafés. A few blocks away you will be astonished by the beauty of the Grand Place with its Baroque guild houses and Town Hall. This historic market square is widely considered to be one of the most beautiful town squares in Europe.

Meet 'Manneken Pis', Brussels best known little boy statue on top of a fountain, very often dressed from his wardrobe of more than 600 costumes. Then, enjoy some free time to explore the Grand Place independently.

After a short walk back to the coach, your coach will return to Antwerp passing the Royal Palace, the European Parliament, and the Cinquantenaire.

👉 **By coach/on foot, subject to a minimum of 40.**

👉 **Please note: There is approximately one hour of walking involved in this tour, mainly over cobblestones, therefore we recommend comfortable walking shoes.**



Ghent & Belgian Chocolates

Tour 400D – Approx. 4¾ hours

Enjoy a drive through the Flemish countryside to the medieval city of Ghent to enjoy a guided walking tour. Ghent is one of the most beautiful historic cities in Europe, with a centre full of monuments and splendid buildings, bestowed by the previous counts of Flanders. Among these monuments are some 16 museums, 5 abbeys, 6 castles and 10 churches.

From the top of St Michael's Bridge you will have the most impressive view over the historical city centre and see the old port with gabled guild houses, the age-old castle of the Counts, the famous 'Row of Three Towers' St. Nicolas Church, the Belfry tower and St. Bavo's Cathedral. Pass through the old port, the Meat House and the City Hall to reach St. Bavo's Cathedral.

The highlight of this tour will be a visit to a chocolate factory. A Belgian Chocolatier will show you how chocolate bars are made into the fine Belgian chocolates using only the finest, freshest and carefully selected ingredients.

Afterwards, there will be time to purchase some world famous Belgian chocolates before some free time for independent exploration in the city centre.

- **By coach/on foot, subject to a minimum of 40/maximum 45.**
- **Please note: The drive to/from Ghent is approximately 1 hour. Please note that this tour will include approximately 1¾ hours of walking over cobblestones and with some steps. Comfortable walking shoes are recommended. The free time at the chocolate factory may be subject to time constraints. Due to the low maximum, early booking is recommended.**

Bruges On Your Own

Tour 400E – Approx. 7 hours

You will be transferred to Bruges, where you disembark your coach at a designated drop-off point in the city, close to the major attractions. Cobble streets, centuries-old buildings and canals make this medieval city a delight to visit. Shops are plentiful and full of souvenirs, delicious Belgian chocolates, finely made tapestries and the world-famous lace.

- **By coach/on foot, subject to a minimum of 40.**
- **Please note: Please bear in mind that this excursion is non-guided and exclusive of refreshments and entrance fees. The Escort on your coach will lead you to the city centre which is a walk of approximately 20 minutes. City maps will be provided on the coach. At the time specified by your Escort, your coach will depart from the designated pick-up point for the return drive. We recommend comfortable walking shoes.**



COPENHAGEN, Denmark

Copenhagen Panorama

Tour 401A – Approx. 3 hours

Copenhagen – the capital city of the kingdom of Denmark since 1417 – is a city in which the modern developments of the 20th century, far from spoiling the atmosphere of history and old-world charm, have been blended with the older buildings and monuments to form a thriving and harmonious environment.

On this tour, which is an ideal introduction to the city, you will see many of the city highlights including the Gefion Fountain; Amalienborg Palace – residence of the Royal family, situated in a spacious cobbled square; the National Museum, Christiansborg Castle – home of the Danish Parliament; the old Stock Exchange, a picturesque building with a tower in the shape of four dragons with entwined tails and Amaliehaven park.

There will also be a chance to pass by Tivoli Gardens, the world-famous amusement park, and Rosenborg Castle which houses the Crown Jewels in the Treasury.

During the tour there will be time for photo stops including one at the Little Mermaid who has returned from her year-long ‘visit’ to the Danish Pavilion at Shanghai’s Expo 2010.

👉 **By coach, subject to a minimum of 40.**

👉 **Please note: There is little walking on this tour. The order of sightseeing may be altered depending on traffic conditions. This tour does not include any inside visits.**

Enjoy a comprehensive look at ‘Wonderful, Wonderful Copenhagen’ by land and sea. A photo stop will be made at the Little Mermaid, the fairytale creation of Hans Christian Andersen before you enjoy a short sightseeing drive through the city passing places of interest such as The King’s New Square and the Royal Theatre, Town Hall Square, Tivoli Gardens and the New Carlsberg Glyptoteque. A short photo stop will be made at Amalienborg Palace – the residence of the Royal Family.

Copenhagen is surrounded by water and a network of bridges connects the two main islands of Sjaelland and Amager, on which the city is built. At Gammel Strand – formerly the Old Fish Market – you change from coach to boat for a 50 minute leisurely cruise through the canals of Christianshavn a charming area with houseboats and low bridges. It has picturesque old buildings and soaring between them is the landmark Our Saviour’s Church, with its distinctive green and gold steeple.

👉 **By coach/on foot/boat, subject to a minimum of 40/maximum 200.**

👉 **Please note: The boat does not have wheelchair access or toilet facilities on board. During the cruise, passengers should take great care if standing up to take photos as the boat passes under several low bridges. There are approximately ten steps to negotiate when embarking/disembarking the boat. The route may differ to that advertised, depending on the weather and berthing arrangement. It may be necessary for you to walk a short distance from the boat to the ship at the end of the tour.**

This tour will cover the same itinerary as Copenhagen Panorama 401A, but will combine a visit to charming Dragør. After completing your panorama of Copenhagen you drive cross the bridge and to the island of Amager. At the very tip of the island is the beautiful little village of Dragør. In the early sixteenth century, King Christian II invited a group of farmers from the Netherlands - at the time, a more agriculturally advanced nation than Denmark - to settle here to produce food for the royal household. Twenty-four families arrived, and they and their descendants stayed for three centuries, continuing to live in Dragør and leaving only for their weekly trips to the Amagertorv market in Copenhagen.

Today Dragør is one of the few villages in Denmark that has managed to keep its charming old centre intact as it has been traffic free since 1978. The majority of the houses date from the end of the 18th century and are characterised by a simple building style as well as red roofs, cobblestone streets and a charming harbour front. There will be some free time to wander through the picturesque narrow, cobble-stoned streets or browse in the attractive shops. The visit to Dragør ends at the local hotel, where coffee and a Danish pastry will be served before your return journey to the ship, a scenic drive alongside the Oresund, with splendid views of the spectacular road bridge linking Denmark to Sweden.

👉 **By coach/on foot, subject to a minimum of 40/maximum 160.**

👉 **Please note: This tour involves approximately 1 hour of walking, some over cobble-stoned streets in Dragør, and is not suitable for passengers with wheelchairs or those with walking difficulties. Flat, comfortable footwear is recommended. The tour may operate in reverse to that described above.**



Tivoli & Harbour Cruise

Tour 401D – Approx. 3½ - 4 hours

Enjoy a leisurely cruise through Copenhagen's picturesque canals - then head for the enchanting world of Tivoli.

Step on board your canal boat for a leisurely 50-minute cruise taking in the sights and scenery of this delightful city. As you gently glide along you will pass some of the city's main sights such as The Little Mermaid and further on you will see the newly opened Copenhagen Opera House located opposite the Amalienborg Palace. The Opera was built by funds from the Maersk foundation. Behind the Opera you will see Holmen, which is one of Copenhagen's old Military areas dating back to the 16th century. These areas were built by King Christian IV as were most of the buildings in Copenhagen. Some of the buildings are still in use however most buildings are now turned into apartments.

Along the canals are picturesque old buildings and soaring between them is the landmark Our Saviour's Church, with its distinctive green and gold steeple.

After your cruise you disembark and join a coach for the short transfer to Tivoli Gardens where there will be free time for you to explore the park independently. Spend time absorbing the atmosphere at Copenhagen's famous amusement park. Situated in the heart of the city, Tivoli has been visited by millions of people since its opening in 1843. There are merry-go-rounds, roller coasters, restaurants and cafés.

- **By coach/boat/on foot, subject to a minimum of 30/maximum 200.**
- **Please note: From the ship, there is a short distance to walk to reach the boat and approximately 10 steps to negotiate when embarking. Entrance to Tivoli is included within the price of the tour. Tivoli has an Amusement Park including funfair rides, slot machines and souvenir shops, all of which are payable directly and not included in the excursion fare. You may encounter crowds and delays at the attractions during peak season. You will be advised of the meeting point and departure time for the return journey. There is some walking involved in this tour and it is not recommended for passengers with walking difficulties. Tivoli does not open until after Easter and so may not be available on early cruises in the season. The tour may operate in reverse to that described above.**

Copenhagen – the capital city of the kingdom of Denmark since 1417 has a long history as the ‘Royal’ city of Denmark, having been associated with a long line of monarchs long before its proclamation as the capital. The location of the city, at the mouth of the Baltic and astride the trade routes between continental Europe and Scandinavia, made it the obvious choice for the Danish monarchs, who once reigned over Sweden and Norway as well. Once the city had won royal favour, it attracted the barons, earls and nobility with their retinues and traces of the wealth remain for all to see, in the form of imposing palaces, mansions and churches.

The tour will take you to Rosenborg Castle, built between 1606 and 1617 by King Christian IV – a prodigious instigator of building and construction work, who today is often referred to as the ‘builder-king’. Today, the castle houses a fine collection of porcelain silverware and fine art, which have belonged to Danish monarchs through the ages, as well as the Crown Jewels and Coronation regalia. Your tour will include a visit to the state apartments and the Danish Crown Jewels.

From Rosenborg Castle, you will drive through the heart of Copenhagen passing the Royal Theatre and Town Hall Square en route to Tivoli where there will be free time for you to explore the park independently. Spend time absorbing the atmosphere at Copenhagen’s famous amusement park. Situated in the heart of the city, Tivoli has been visited by millions of people since its opening in 1843. There are merry-go-rounds, roller coasters, restaurants and cafés. Before you return to the ship you will pass by Amalienborg Palace– the residence of the Royal Danish Family and a short stop will be made at The Little Mermaid.

👉 **By coach/on foot, subject to a minimum of 30/maximum 300.**

👉 **Please note: This tour involves approximately 1½ hours of walking over cobblestones, stairs and paved ground. Flat, comfortable footwear is recommended. Entrance to Tivoli is included within the price of the tour. Tivoli has an Amusement Park including funfair rides, slot machines and souvenir shops, all of which are payable directly and not included in the excursion fare. You may encounter crowds and delays at the attractions during peak season. You will be advised of the meeting point and departure time for the return journey. Tivoli does not open until after Easter and so may not be available on early cruises in the season. Large bags are not permitted in Rosenborg Castle and there is an additional fee (payable directly) for photography inside the Castle.**

This tour is the perfect opportunity to enjoy the beautiful Frederiksberg Castle and church while listening to the sounds of famous Danish composers. Frederiksberg Castle is considered by many to be the most beautiful castle in Denmark and was built by King Christian IV in the 17th century.

You will be guided through several of the interior rooms of the King’s Wing including the Knight’s Hall with its intricate wood carvings, as well as the church where Danish Monarchs were crowned from 1671 to 1840. This magnificent Castle is situated on three islands in the middle of a tiny lake. From the main courtyard, the spectacular Neptune Fountain and the numerous copper spires, make a lasting impression.

The visit to the Castle will culminate in the church where a private concert will be held. The Castle organist Sven-Ingvart Mikkelsen will perform on three different organs for your pleasure. The most famous of these is the Compenius Organ dating from 1610 which is still the original and has 1,001 pipes made from rare wood. During the thirty-minute concert you will hear music from composers such as Samuel Scheidt, Johann Radeck, Nicolaus Bruhns, Niels W. Gade, Rued Langgaard and Peter Moeller. Afterwards there will be time for a stroll in the beautiful Baroque garden (weather permitting).

Leaving the Castle you drive through the forest to the Oresund, the water dividing Sweden from Denmark where you can catch glimpses of the sea and the Deer garden.

👉 **By coach/on foot, subject to a minimum of 40/maximum 200.**

👉 **Please note: This tour involves 1½ hours of walking including cobblestones and at least 100 steps. Flat, comfortable footwear is recommended. We cannot guarantee that Neptune’s Fountain will be working during the visit as this is dependent on maintenance.**



DUNKIRK, France

Battlefields & Ypres

Tour 416A – Approx. 6½ hours

This tour takes in the dramatic history of war and the battles fought in and around Ypres. Ypres was reduced to rubble by constant bombardments during the Great War. Now restored to its former grandeur, Ypres contains numerous poignant sites and monuments linked to the war.

Ypres was one of the great Flemish cloth towns of the Middle Ages. Occupied by the German army for one night at the beginning of the Great War, it fell under control of the Allied Forces on 14th October 1914. Some five million British and Commonwealth soldiers passed through Ypres on their way to the front line.

There are many battlefields around Ypres, where German and allied armies fought without decisive victories. Take time to remember those who lost their lives at Tyne Cott Cemetery, the largest commonwealth cemetery in the world. For four years German and allied armies fought in the battlefields around Ypres. Thousands lost their lives and over a million were injured during the battles.

Menin Gate is a famous British War memorial of World War I and is by far the most important evidence in Ypres of the British presence. A photo stop will be made here where names of 54,896 missing soldiers are engraved on its walls. A short visit will be made to St. George's Memorial Church, Ypres, which stands as a memorial to the thousands who died in the three battles of the Ypres Salient.

Visit the 'In Flanders Fields' Museum which is not a traditional war museum, as it focuses more on the ordinary people who endured the war – the soldiers, nurses, fugitives, and children whose experiences are all recorded. The generation that survived the Great War is slowly disappearing, but the Museum keeps their stories alive for all people today as an indictment of war and a cry for peace. Advanced techniques are used, including computers, video projections and interactive models. The multimedia brings history to life. The visit to the museum will be conducted independently after your guide has explained how to make the most of your time here.

Afterwards, there will be some free time to explore Ypres town independently, or perhaps find a cafe for a bite to eat before your return to Dunkirk.

👉 **By coach/on foot, subject to a minimum of 40/maximum 90 per departure.**

👉 **Please note: Lunch has not been included in this tour to allow flexibility. Please remember to take local currency with you. There is approximately 1½ hours of walking with steps in the Museum, Menin Gate and the Cemetery.**

In May 1940, the French and British Armies were trapped on the coast of Northern France by the advancing German forces. Their evacuation became paramount and between May 26 and June 4, 1940 one of the greatest wartime evacuations took place. Named Operation Dynamo and overseen by Admiral Ramsay, a huge flotilla of seagoing vessels, ranging from lifeboats to trawlers and pleasure crafts set sail overnight to rescue the army. As a result 340,000 allied soldiers including 120,000 French soldiers and a few thousand Belgians, were evacuated from Dunkirk before the town fell.

This tour includes a visit to the Dunkirk Museum as well as a panoramic drive through the city to view some of the historic sites of Dunkirk.

En route to visit the The Battle of Dunkirk Museum you will drive past the 1940 Memorial on the Allied Pier. The Museum is housed in what was the headquarters of the French army in 1939 and documents The Battle of Dunkirk and the lead up to Operation Dynamo, telling the story of the efforts made.

Afterwards, rejoin your coach for a guided panoramic tour of the city centre, passing such highlights as the Leugheanaer Tower, Belfry Tower, City Hall and Saint-Eloi Church.

Before returning to the ship, there will be a short visit to the English cemetery which is part of the Dunkirk Town Cemetery. At the entrance of the English part you'll see the Dunkirk Memorial.

👉 **By coach/on foot, subject to a minimum of 40/maximum 160 per departure.**

👉 **Please note: This tour includes up to 1½ hours of walking over mainly flat ground, although the terrain at the Cemetery is uneven. Flat, comfortable shoes are recommended.**

Situated in the Pas-de-Calais, near the town of Saint-Omer, La Coupole is a large underground bunker. Designed by the Nazis in 1943-1944, it was built to store, prepare and launch the V2 rockets, Hitler's secret weapon that he planned to use to destroy London and reverse the course of the war.

The area has been transformed in to the History and Remembrance Centre. Films and photographs of the era help to retrace the reality of the war years, the presence of the occupying troops, daily life, and the resistance of the people.

The Centre has reconstructions and interactive displays which you can visit and La Coupole reveals, in an impressive setting, the challenges of total war and the stages in the conquest of space, which paradoxically resulted from the V2 technology.

The Centre also expands on the theme of the German occupation from 1940 to 1945 in the Nord-Pas-de-Calais, one of the regions that was hit the hardest during the 'dark years'. Numerous audiovisual documentaries and audio-guided headsets will enable you to explore the themes of the Centre during your visit.

👉 **By coach/on foot, subject to a minimum of 40/maximum 90 per departure.**

👉 **Please note: This tour includes up to 2 hours of walking at La Coupole. The transfer to La Coupole will be with an English-speaking Guide. The visit to the Centre will be independent with the use of audio-guided headsets.**

Designated the European Culture Capital in 2004, Lille is the fourth largest metropolitan area in France. Initially a possession of the Counts of Flanders, the city later became Spanish territory before becoming French in 1667.

Upon arrival in Lille, enjoy a panoramic tour of the city to view the Fine Arts Museum, the Old Paris Gate and the Town Hall. Then, embark on a guided walk which will show you the Rihour Palace, built in 1453 in flamboyant gothic style; the Place du Général de Gaulle with the Goddess, a column commemorating Lille's resistance to the Austrian siege in 1792; the Old Stock Exchange in Flemish Renaissance style dating from 1653 and made up of 24 identical houses grouped around a courtyard; and finally the Opera House in neo-classical style.

The Chamber of Commerce with its Belfry is 228ft-high and the Notre-Dame de la Treille Cathedral, neo-gothic in style was designed in 1854 but not completed until the 1990's.

After strolling through Lille, you will have approximately 2½ hours free time to explore the city centre with its many shops and restaurants.

➤ **By coach/on foot, subject to a minimum of 30/maximum 90 per departure.**

➤ **Please note: Lunch has not been included in this tour to allow flexibility. Please remember to take local currency with you. There is approximately 1½ hours of walking on this tour and flat, comfortable shoes are recommended.**

The Opale Coast runs between Calais and the mouth of the River Somme and is where over 338,000 troops were rescued in 1940, during the Second World War's greatest evacuations. With two landmarks capes – Cap Blanc-Nez and Cap Gris-Nez – defining the border between the English Channel and the North Sea, the white cliffs of Dover are visible on a clear day.

Travel along this famous coast with its wild and windswept sandy beaches and see where pleasure crafts, lifeboats, trawlers and a host of other small crafts carried out their heroic rescue. Stop at both Capes and stand on the prominent headlands with their views of the sea and countryside and the 'opal-like' colour of the surroundings that gives the area its name. On your return journey you will travel alongside the remains of the former Atlantikwall. The many decaying German pillboxes are a grim reminder of World War II.

➤ **By coach/on foot, subject to a minimum of 40/maximum 90 per departure.**

➤ **Please note: There is approximately 1 hour of walking on this tour over rough and uneven ground and care should be taken when walking along the cliffs. Flat, comfortable walking shoes are recommended.**



EIDFJORD, Norway

Scenic Fossli & Vøringsfoss Waterfall

Tour 204A – Approx. 3 hours

This excursion starts from the charming village of Eidfjord at the head of the fjord, built on sand and gravel moraines from the last Ice Age some 8,000 years ago. The road follows the River Eid, well-known for trout- and salmon fishing and passes the little village Øvre Eidfjord to enter the Måbødal Valley surrounded by towering mountain walls. Today the road travels mainly through long tunnels, but here and there you can see the old road and beautiful stone bridges built in by-gone days. After climbing up to 2,460ft above sea level you enter the Hardangervidda, the largest mountain plateau in Northern Europe. Most of the area is a national park where vegetation and wildlife is protected, and where an estimated 10,000 wild reindeer roam freely, however these are seldom seen from the road.

Your journey continues to the Sysen Dam, one of the four dams supplying the nearby Sima Hydro-electric Plant with necessary water. The Dam itself is an impressive sight with its 260ft-high wall built from natural stone and gravel. There will be time to walk on the Dam and depending on the time of year and weather, you will have a view of the Hardangerjøkulen Glacier. After your visit you drive to the Fossli Hotel to enjoy the views and a cup of coffee or tea with cake. In front of the Hotel a path leads down to a viewing platform from where you can enjoy the sight of the Vøringsfoss Waterfall which cascades down into a deep canyon almost 600ft below. You return to Eidfjord along the same road.

👉 **By coach/on foot, subject to a minimum of 40/maximum 160.**

👉 **Please note: There is an optional 5 minute walk each way, down a steep, partly gravelled road to reach the Sysen Dam viewpoint. The Dam Walls can be viewed from the coach on the way and also from the coach park. At Fossli there is an optional 5 minute walk over rough and uneven ground to reach the main Waterfall viewpoint. Care should be taken at the Waterfall viewpoint as there is only a partial barrier and some areas have no protection from the steep drop to the canyon. For your own safety it is essential that you stay away from areas where there is no barrier and heed the warning signs. This tour involves several tunnels, the longest of which is 1½ miles. Early in the season (March to early June) and late summer, the Vøringsfoss Waterfall may have minimal water fall due to the weather. The stop at Sysen Dam is weather dependent as there may be snow in the early season, which means it will be viewed from the main road.**

The village of Eidfjord is a small community but it is one of Norway's richest owing to the vast production of hydro-electric power. Your tour starts with a drive through the village and follows the River Eide well-known for trout and salmon fishing to the Hardanger Nature and Wildlife Centre. First opened in 1995 to showcase the national park and with breathtaking architecture and pioneering exhibitions, the centre will draw you into the beauty that surrounds you on the outside. One of the highlights is a 5 screen panoramic movie where you can view a journey past fjords, mountains and waterfalls by helicopter. It promises a wonderful experience of high mountains and deep fjords with hair raising drops over steep gorges and gentle sequences over mountain lakes and glaciers.

Leaving the Nature Centre you enter Måbødal Valley with its towering mountain walls. Today the road travels mainly through long tunnels, but here and there you can see the old road and beautiful stone bridges built in by-gone days. After climbing up to 2,460ft above sea level you enter the Hardangervidda – the largest mountain plateau in Northern Europe.

The tour continues to Sysen Dam one of the four dams supplying the nearby Sima Hydro-electric Plant with necessary water. The Dam itself is an impressive sight with its 260ft-high wall built from natural stone and gravel. There will be time to walk on the Dam and depending on the time of year and weather, you will have a view of the Hardangerjøkulen Glacier.

After your visit you drive to the Fosslí Hotel. In front of the Hotel a path leads down to a viewing platform from where you can enjoy the sight of the Vøringsfoss Waterfall which cascades down into a deep canyon almost 600ft below. You return to Eldfjord along the same road.

👉 **By coach/on foot, subject to a minimum of 40/maximum 160.**

👉 **Please note: There is an optional 5 minute walk each way, down a steep, partly gravelled road to reach the Sysen Dam viewpoint. The Dam Walls can be viewed from the coach on the way and also from the coach park. At Fosslí there is an optional 5 minute walk over rough and uneven ground to reach the main Waterfall viewpoint. Care should be taken at the Waterfall viewpoint as there is only a partial barrier and some areas have no protection from the steep drop to the canyon. For your own safety it is essential that you stay away from areas where there is no barrier and heed the warning signs. This tour involves several tunnels, the longest of which is 1½ miles. Early in the season (March to early June) and late summer, the Vøringsfoss Waterfall may have minimal water fall due to the weather. The stop at Sysen Dam is weather dependent as there may be snow in the early season, which means it will be viewed from the main road.**

This excursion starts at the head of Eidfjord, a branch of the Hardangerfjord and drives alongside the Hardangerfjord for a short while before turning south to follow the long and narrow Sørfjord. After a few miles you arrive at the village of Kinsarvik. Up until the 1970's the village was the busiest ferry port in Norway and a crucial junction on the only all-year road connecting Bergen and Oslo. Alternative routes then eroded its importance, but in 2006 the Norwegian Parliament approved Hardangerbrua, a monumental bridge project only 7½ miles from Kinsarvik and still in the planning process. When completed, it will re-establish inner Hardanger as a dominant route and tourist stop for both east-west and north-south traffic. Your stop here allows you to browse the village independently before the tour continues south to the charming village of Ullensvang.

Ullensvang is situated right in the middle of the fjord district of Hardanger, and is Norway's largest fruit producing area. Approximately 80% of the Norwegian cherry harvest comes from Ullensvang. During your stop, enjoy refreshments of coffee or tea and apple cake. Afterwards, visit the beautiful stone Ullensvang Church, built between 1270 and 1300. Your return route is along the same road.

👉 **By coach/on foot, subject to a minimum of 35/maximum 80.**

👉 **Please note: There is a steep slope and some steps to the refreshment venue, and some steps at the Church in Ullensvang. The order of highlights may vary.**



FLÅM, Norway

Norway in a Nutshell to Vik

Tour 205A – Approx. 6¾ - 8 hrs, dpt on train schedule

On this magnificent overland tour, you will discover some of the finest scenery Norway has to offer; mountains, fjords, waterfalls and valleys, you will see them all as you travel from Flåm to Vik.

After a short walk from the berth, you will join the Flåm Railway and travel from sea level to 2,700ft, with an ascent of 1 in 18 over a distance of only 12 miles, a true masterpiece of engineering. The train, specially constructed for this stretch of rail, has 5 sets of brakes, each sufficient to stop the train. The line winds its way through the steep and narrow Flåms-dalen with countless viewpoints where the train either stops or goes slowly so that everyone can see the fantastic scenery.

At Kjosfossen Waterfall there will be a photo stop, and at Myrdal you disembark the train and change on to the Oslo-Bergen line for the journey to Voss. Approaching Voss the landscape changes considerably, and you enter into one of West Norway's finest agricultural areas with Voss as its natural centre. Enjoy a buffet lunch with hot and cold dishes, meat and fish of all kinds, salads, desserts and coffee or tea.

After lunch you continue by coach with a photo stop at Tvinde Waterfall before travelling towards the mountains at Vikafjell. The road you drive through used to be completely closed during the winter, and even the most modern equipment was unable to cope with the snowstorms that ravage here. However, there is now a long tunnel and the road is seldom closed. As you travel through, a splendid panorama opens up before you. Far below you can see the village of Vik and the mighty Sognefjord. After descending into the valley there will be a stop at the Hopperstad Stave Church, an excellent example of how heathen beliefs still clung in the hearts of the locals even long after Christianity was introduced in Norway. The dragon heads decorating the church roof fit in with the Viking faith that the 'dragon keeps evil spirits away'. After driving through the little village of Vik your excursion ends at the pier where tenders will be waiting to return you to the ship.

➤ **By coach/train/on foot, subject to a minimum of 40/maximum is subject to train schedule and availability.**

➤ **Please note: This tour involves some walking over gravelled ground. In the early season it is possible that there may be snow on the ground and so care should be taken. During April to early June it is possible that some of the waterfalls may be frozen or have minimal water flow. Late in the summer, the amount of water in some waterfalls can be limited. There is a high step to board the train and a change of platforms, so this tour is not suitable for passengers with wheelchairs.**

The train journey from Flåm to Myrdal is approximately 1 hour and from Myrdal to Voss approximately 1 hour. There is a wait of up to 30 minutes between trains. There are approximately 10 steps to negotiate at the lunch venue and a slight incline from the train to the platform. Depending on the train schedule, the duration of this tour may vary, however the advertised content will remain unchanged. The local guide is not permitted to give a commentary onboard the train and so a limited taped commentary will be made. You must remain seated on the train, as the journey can be bumpy. The church may be closed to visitors during services, in which case an exterior visit is made.

Flåm is situated in the innermost part of the long Sognefjord, Norway's longest and most majestic fjord. From the pier you will walk to the railway station and join the train to start the most dramatic train ride in Europe. Although only 12 miles long, this line is a masterpiece of engineering.

On the ride you pass through tunnels and climb to a height of 2,700ft from where there is a breathtaking view down the steep-sided Flåm Valley, situated between towering mountains perpetually covered in snow and ice. At one point in your journey you will be able to see rows of tracks below as the train travels above. In order to allow passengers the best possible view of the magnificent scenery, the train will proceed slowly or even stop at the finest sections.

Your destination is Vatnahalsen where you will disembark the train and walk to the Vatnahalsen Hotel to enjoy some coffee, tea and waffles. Afterwards, there will be time to stroll around or just relax and admire the spectacular scenery before you walk back to the train station for the return journey on board the Flåm railway. On arrival, take the short walk back to the pier.

- **By train/on foot, subject to a minimum of 80/maximum is subject to train schedule and availability.**
- **Please note: There is a high step to board the train so this tour is not suitable for passengers with wheelchairs. During April to early June it is possible that some of the waterfalls may be frozen or have minimal water flow and that there may be snow on the ground for the walk to/from the refreshment venue. Late in the summer, the amount of water in some waterfalls can be limited. The train journey lasts up to 1 hour each way. The walk to the refreshment venue is approximately 500ft and there are steps at the venue. There is also a slight incline from the train to the platform. Depending on the train schedule, the duration of this tour may vary, however the advertised content will remain unchanged. During the early season there may be a wait of up to 2 hours in Vatnahalsen. The local guide is not permitted to give a commentary onboard the train and so a limited taped commentary will be made. You must remain seated on the train, as the journey can be bumpy. Vatnahalsen is situated at a high altitude and early in the season there may be snow, even if there is no snow in Flåm.**

The tour starts in the idyllic village of Flåm at the head of the Aurlandsfjord, a branch of the mighty Sognefjord, Norway's longest and deepest fjord. After a 20-minute drive through 2 lengthy tunnels, the longest being more than 6 miles from end to end, you pass Gudvangen, an important ferry junction on the other side of the mountains situated at the head of the spectacular Nærøfjord, a branch of the mighty Sognefjord.

You continue up the Nærøy Valley and in front you will see the road winding its way up the mountainside. However, for the moment you take the new road which goes through tunnels underneath Stalheim Hotel and passes the beautiful Oppheim Lake, to reach the spectacular Tvinde Waterfall that cascades down the mountainside. A short stop will be made so that you can take an optional stroll to get closer to the Waterfall, before the coach takes you to the Stalheim hotel perched on a cliff overlooking the Nærøy Valley. A stop here will give you time to enjoy some coffee or tea and a Danish pastry. There are splendid views from outside the hotel of the beautiful valley far below.

Afterwards you head downhill to the Valley floor via thirteen hairpin bends, with a descent of 1 in 5. This is Norway's steepest road. On both sides waterfalls plunge down to the right the Stalheim-Fall and on the left the Sivle-Fall. Having reached the valley floor you follow the Nærøy River then through the tunnels to Flåm.

- **By coach/on foot, subject to a minimum of 40/maximum 120.**
- **Please note: The walk to the Tvinde Waterfall is optional. During April to early June it is possible that some of the waterfalls may be frozen or have minimal water flow. Late in the summer, the amount of water in some waterfalls can be limited. The order of highlights may vary. The toilets at the Tvinde Waterfall are payable, therefore we recommend you carry local currency (Norwegian Krone).**

Depart from the pier in Flåm by coach and travel alongside the fjord to Aurland, a typical fjord village rich in traditions, with its 13th century Gothic style church at its centre. From Aurland the route takes you inland along the Aurland River, well known for its salmon fishing, along the Vassbygda Lake to Vassbygda village, where the hydro electric power plant is situated. Continue up the Aurland Valley to Østerbø Mountain Lodge, nestling among majestic mountains and situated next to a scenic lake fed by waterfalls. This was permanently inhabited up to the late 1920s, but was completely cut off from the outside world during the winter months.

Refreshments of coffee or tea and waffles will be served at the Østerbø Mountain Lodge, and afterwards there will be time to stroll around and admire the splendid views before returning to Flåm.

👉 **By coach/on foot, subject to a minimum of 35/maximum 80.**

👉 **Please note: There are approximately 5 steps at the refreshment stop. The return to Flåm will be by the same route. This tour involves several tunnels, the longest of which is approximately 2½ miles.**

On this magnificent overland tour, you will discover some of the finest scenery Norway has to offer; mountains, fjords, waterfalls and valleys, you will see them all as you travel from Flåm to Gudvangen. Your tour begins in Flåm, a small village at the head of the Aurlandsfjord. After a short walk from the quayside you join a train for the ride up the Flåmsdalen Valley. The locomotive, specially constructed for this stretch of rail, has five sets of brakes, each sufficient to stop the train. Although only 12 miles long, this line is a masterpiece of engineering. On the tour you will pass through tunnels and climb to a height of 2,7,00ft, where the beautiful valley offers a breathtaking view down the steep-sided Flåm Valley, situated between towering mountains perpetually covered in snow and ice. At one point in your journey you will be able to see three rows of tracks below as the train travels above.

On arrival at Myrdal station you change trains and travel across the mountain plateau and down through the valley to the town of Voss. Situated by the Vangsvatnet Lake, the village is a bustling resort for both winter and summer visitors. Enjoy a buffet lunch with hot and cold dishes, meat and fish of all kinds, salads, desserts and coffee or tea.

After lunch, join a coach for the journey back to Gudvangen with a stop at the Tvinde Waterfall. Pass the Oppheim Lake and head down thirteen spectacular hairpin bends, the steepest road in Norway. On either side there are beautiful waterfalls, the Sivle Fall and the Stalheim Fall. After reaching the valley floor you follow the Nærøy River to Gudvangen where tenders will be waiting to take you back to the ship.

👉 **By coach/train/on foot, subject to a minimum of 40/maximum is subject to train schedule and availability.**

👉 **Please note: This tour involves some walking over gravelled ground. In the early season it is possible that there may be snow on the ground and so care should be taken. During April to early June it is possible that some of the waterfalls may be frozen or have minimal water flow. Late in the summer, the amount of water in some waterfalls can be limited. There is a high step to board the train and a change of platforms, so this tour is not suitable for passengers with wheelchairs.**

The train journey from Flåm to Myrdal is approximately 1 hour and from Myrdal to Voss approximately 1 hour. There is a wait of up to 30 minutes between trains. There are approximately 10 steps to negotiate at the lunch venue and a slight incline from the train to the platform. Depending on the train schedule, the duration of this tour may vary, however the advertised content will remain unchanged. The local guide is not permitted to give a commentary onboard the train and so a limited taped commentary will be made. You must remain seated on the train, as the journey can be bumpy.



Norway in a Nutshell Flåm to Flåm

Tour 205F – Approx. 6¾ hrs, dpt on train schedule

After a short walk from the berth, you will join the Flåm Railway and travel from sea level to 2,700ft, with an ascent of 1 in 18 over a distance of only 12 miles, a true masterpiece of engineering. The train, specially constructed for this stretch of rail, has 5 sets of brakes, each sufficient to stop the train. The line winds its way through the steep and narrow Flåms-dalen with countless viewpoints where the train either stops or goes slowly so that everyone can see the fantastic scenery.

At Kjosfossen Waterfall there will be a photo stop, and at Myrdal you disembark the train and change on to the Oslo-Bergen line for the journey to Voss. Approaching Voss the landscape changes considerably, and you enter into one of West Norway's finest agricultural areas with Voss as its natural centre. Enjoy a buffet lunch with hot and cold dishes, meat and fish of all kinds, salads, desserts and coffee or tea.

After lunch you continue by coach with a photo stop at Tvinde Waterfall before travelling past Oppheim Lake and reaching the steepest road in Norway. On either side there are waterfalls, the Sivle Fall and the Stalheim Fall. You arrive at the valley floor and follow the Nærøy-River passing Gudvangen by the Nærøyfjord. From here it is a comparatively short drive back to Flåm, though most of it will be inside the mountain. There are two tunnels, the first, 36,089ft-long and the second 16,404ft-long. Soon you reach the Aurlandsfjord and return to the quayside.

- **By coach/train/on foot, subject to a minimum of 40/maximum is subject to train schedule and availability.**
- **Please note: This tour may operate in reverse to that described. This tour involves some walking over gravelled ground. In the early season it is possible that there may be snow on the ground and so care should be taken. During April to early June it is possible that some of the waterfalls may be frozen or have minimal water flow. Late in the summer, the amount of water in some waterfalls can be limited. There is a high step to board the train and a change of platforms, so this tour is not suitable for passengers with wheelchairs. The train journey from Flåm to Myrdal is approximately 1 hour and from Myrdal to Voss approximately 1 hour. There is a wait of up to 30 minutes between trains. There are approximately 10 steps to negotiate at the lunch venue and a slight incline from the train to the platform. Depending on the train schedule, the duration of this tour may vary, however the advertised content will remain unchanged. The local guide is not permitted to give a commentary onboard the train and so a limited taped commentary will be made. You must remain seated on the train, as the journey can be bumpy.**



HELINGSBORG, Sweden

City & Frederiksdal Open Air Museum

Tour 411A - Approx. 3 hours

Start your tour with a panoramic drive of Helsingborg passing the Town Hall (built in 1897 in neo-Gothic style) and the Henry Dunkel Culture Centre, before you head to the Kärnan Tower to enjoy beautiful views of the city of Helsingborg and its surroundings from the terrace in front of the Tower. The Tower which is 174ft-high and has 13ft thick walls has guarded the city for over 600 years.

Afterwards, you head back in to Helsingborg for a short walk which includes a visit to St. Mary's Church, a beautiful example of Danish Gothic brickwork. Due to the abundance of herring in the Øresund during the Middle Ages the shores around were full of fishermen, and a small Norman-style sandstone chapel was built for them. When the population grew and became more permanent, the chapel was replaced by St. Mary's Church, still in use today. Building work started at the beginning of the 14th century, and the Church was completed just over one hundred years later. Two of the four bells come from the St. Petri Church which was demolished during the Reformation in the 16th century. Inside, you can admire the 15th century altar-screen, and the memorial plaque in honour of the famous composer Dietrich Buxtehude.

Next you will visit the Fredrikisdal Open Air Museum, one of Sweden's most distinguished open-air museums. Here you will find typical examples of buildings and cultivation practice from the past. The Museum is built around the manor house, built in 1787 as a summer residence for F.W. Cöster. There is a town street, a farming community, and a Skåne farm in full operation. After your visit you make your way back to the quayside by coach.

👉 **By coach/on foot, subject to a minimum of 35.**

👉 **Please note: This tour involves walking in Helsingborg and at the Open Air Museum, including uneven ground, cobblestones and steps. Flat, comfortable walking shoes are recommended.**

This tour will cover the same itinerary as tour 411A, but will visit the Sofiero Palace Gardens instead of the Fredrikdsal Open Air Museum.

A visit to Helsingborg would not be complete without visiting Sofiero Palace Gardens. Few palaces in Sweden can boast a more superb location. Situated at the top of the rhododendron ravine, and overlooking the Øresund, the Palace is surrounded by beautifully kept lawns, luxuriant woodland and magnificent flowerbeds. In 1864, the future King Oscar II and his wife Sofia bought the Skabelycka homestead, so that they could build a summer palace there as a retreat from all their royal duties. The single-storey palace was ready the following year. Later, between 1874 and 1876, the palace was extended, and has remained unaltered since then. They were both very interested in horticulture and spent a great deal of time and energy landscaping the great park. The first rhododendron was planted in 1909 and today there are more than 10,000 rhododendrons of 300 different varieties and an equal number of hybrids.

👉 **By coach/on foot, subject to a minimum of 35.**

👉 **Please note: This tour involves walking in Helsingborg and at the Gardens, including uneven ground, cobblestones and steps. Flat, comfortable walking shoes are recommended. The tour does not include an inside visit of the Sofiero Palace.**

This tour will acquaint you with the third largest city in Sweden, Malmö. Enjoy a short panoramic tour of the city which will take you through the beautiful Castle Park (Kungsparken) passing by the Town Library, designed by Dane Henning Larsen, and Malmö's newest landmark - the 625ft-high apartment building 'Turning Torso' twisting towards the sky.

After your panoramic drive you will head for the Old Town to start a one-hour guided walking tour. Walk along the Stortorget (Great Square), where you will find the Townhall, the county Governor's Mansion, the 16th century Jörgen Kocks House and Malmö's oldest pharmacy founded in 1571. Continue to the nearby Lilla Torg (Small Square) – a picturesque square with plenty of restaurants and pubs. Your walking tour concludes with a photo stop outside one of Malmö's oldest buildings - the 13th century Sankt Petri Church. There will be some free time before your return journey to Helsingborg.

👉 **By coach/on foot, subject to a minimum of 35.**

👉 **Please note: The transfer to Malmö will take approximately 1 hour. Due to extensive renovations Sankt Petri Church is not due to open to the public until mid-August 2011. This tour involves walking over uneven ground, cobblestones and steps. Flat, comfortable walking shoes are recommended.**



Discover Elsinore & Kronborg Castle

Tour 411D - Approx. 4 hours

Cross the Öresund by ferry for a visit to Elsinore in Denmark, Helsingborg's beautiful and historical twin city.

After a short drive from Helsingborg you board a ferry for the crossing to Elsinore and then join a one-hour walking tour along the charming cobblestoned streets of this enchanting town. Elsinore is one of Denmark's best-preserved cities with many pastel-coloured, half-timbered houses and picturesque, cobbled alleys. Among the many highlights you will pass are the train station, Carmelite Monastery (dating back to 1430), the Church of St Mary, merchant houses and the Elsinore Cathedral with its distinctive tower.

Afterwards, you continue to the famous Kronborg Castle. Viewed from the outside, the mixture of elegant royal castle and brutal military fortress is imposing. Inside, it is a testimony to the art, design, royal value norms, and way of life prevalent during the renaissance and baroque periods. Visit the Knights' Hall, the sole remnant of the 16th century castle, which gives an impression of the original splendour of the rest of the interior. Kronborg Castle achieved worldwide fame as the setting for William Shakespeare's *Hamlet, Prince of Denmark*. From the ramparts, admire the panorama of the Swedish coast and the city of Helsingborg. After your visit you will walk back to the ferry for the return crossing to Helsingborg and join your coach for the return to the ship.

👉 **By coach/ferry/on foot, subject to a minimum of 35.**

👉 **Please note: This tour involves considerable walking over uneven ground, cobblestones and steps. Flat, comfortable walking shoes are recommended.**



HONFLEUR, France

Monet's House and Gardens

Tour 406A - Approx. 5½ hours

From the port of Honfleur, travel along the motorway in an easterly direction through the attractive Normandy countryside to Giverny, a pretty village situated on the banks of the River Seine and best known as the home of Claude Monet.

The world-famous Impressionist painter lived in this house from 1883 until his death in 1926. Between 1886 and 1890, a whole colony of painters joined him in order to take advantage of the 'garden art' form. It was in this very picturesque setting that Monet painted the huge canvases of the water lilies which can be seen in Paris at the Orangerie Museum.

In the gardens, visit the 'clos normand': the arches of flowers surrounded by amazing flower beds which provide from spring to autumn the palette of varying colours this painter and gardener used for his art. Monet wrote daily instructions to his gardening staff with precise designs and layouts for plantings.

The house, which is now a museum, was first opened to the public in 1981. It has been lovingly restored in green and pink and you will see the blue salon, the bedroom with the bed and roll-top desk, the old studio, the yellow dining room with its delightful painted wooden furniture and the tiled kitchen. Reproductions of Monet's works and his collection of 18th and 19th century Japanese prints can be seen in the different rooms.

The adjacent flower gardens have been replanted to Monet's own designs and offer a spectacular array of colours. The famous Japanese water garden has a lily pond with gracefully arched bridges bordered by bamboo, azaleas, rhododendrons and a majestic weeping willow which contributed to Monet's inspiration in his work.

Prior to leaving Monet's house, there will be some free time to browse in the gift shop which offers numerous reproductions of the painter's work, souvenirs, postcards, posters, books and videos.

- **By coach/on foot, subject to a minimum of 35/maximum of 180.**
- **Please note: The drive to/from the Giverny is approximately 1¼ hours each way. This tour involves a long walk to/from the coach park to the entrance of Monet's House. It is not permitted for guides to give a commentary inside Monet's House. Photography and videos are not permitted inside. It is not possible for guides to give a guided walk in the Garden's due to the number of visitors. Guides will however explain the layout and the facilities, leaving participants to wander at leisure in the Gardens. Flat, comfortable footwear is recommended as this tour involves considerable walking. We recommend you take water or a drink with you as refreshment facilities are limited.**



Deauville and Honfleur

Tour 406B - Approx. 4 hours

The old seafaring town of Honfleur, on the Seine estuary opposite Le Havre, is one of the most charming towns in Normandy. Its picturesque Vieux Bassin (Old Harbour) was the starting-point of some of the great French voyages of discovery to North America in the 16th and 17th centuries that led to the settlement of the most important French colonies.

You drive through the town and follow the coast road along the 'Côte Fleurie', passing through Trouville before arriving at Deauville, a fashionable resort of wide, tree-lined avenues and chic restaurants and boutiques. One of the characteristic features of this delightful seaside town is 'les planches', the boardwalk created in 1923 along the sea front which allowed the ladies to enjoy the beach without dirtying their dresses. Lined by elegant buildings, it runs the length of the beach and is now an area where celebrities like to meet and enjoy being seen. Between the famous casino and 'les planches', you will see the Centre International de Deauville, a remarkable ensemble of suspended gardens, fountains and transparent façades.

It is sometimes known as the 'lady of the French coast', and it was a very stylish lady, Coco Chanel, who both launched her own career and helped give Deauville status as an upmarket seaside town when she opened a boutique selling her distinctive hats to the ladies of Edwardian society. It is also considered the birthplace of the Impressionist and Romantic art movements. With its lavish yachting marina, horse racing, thriving nightlife and casino an inspiration for Ian Fleming's 'Casino Royale', Deauville maintains its reputation as a playground of the European élite, a status it has enjoyed since Napoleon III's half-brother came here in the mid-19th century.

There will be time at leisure in the town before you rejoin the coach and return to Honfleur. The best way to explore the town is on foot, and on your one-hour guided walk you will see the Governor's House, 'La Lieutenance', the ancient gateway to the town, as well the 17th century Old Dock and nearby a remarkable monument to this fishing town's seafaring traditions - the wooden St. Catherine's Church (Eglise Ste-Catherine) built by naval craftsmen and whose vaulted roof resembles a ship's upturned hull. At the end of the tour you may either return to the ship by coach or, if you prefer, stay in town and make your own way back which is a walk of approximately 20 minutes.

👉 **By coach/on foot, subject to a minimum of 35.**

👉 **Please note: This tour involves considerable walking, some over cobble-stoned streets in Honfleur. Flat, comfortable footwear is recommended. Shopping is limited in Deauville on Sundays.**



Spirit of Normandy

Tour 406C - Approx. 4 hours

Normandy is the land of picturesque, half-timbered houses, lush green pastures and apple orchards, a land of rich culinary tradition based on its fine local products: butter, cream, world-famous cheeses and of course apples from which are made the brandy 'Calvados', the apéritif 'Pommeau' and the delicious cider.

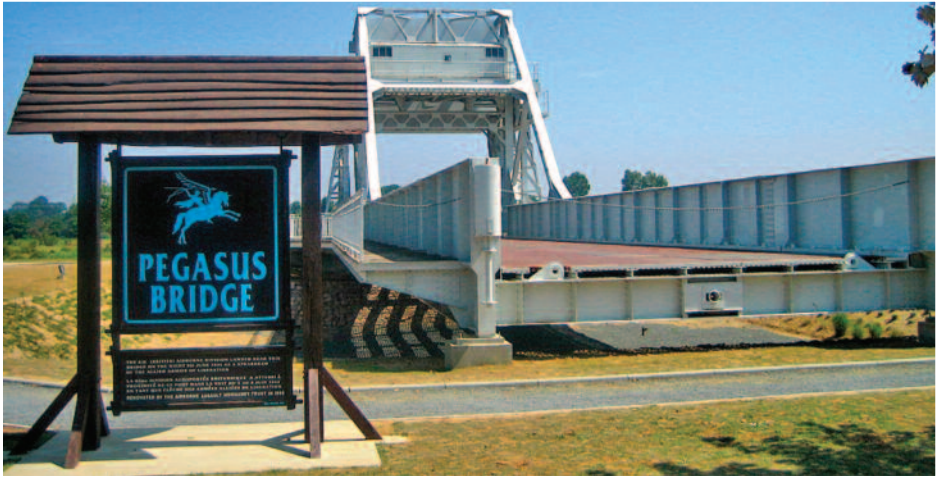
You leave Honfleur and drive along the Côte Fleurie to Deauville, a fashionable resort of wide, tree-lined avenues and chic restaurants and boutiques, where you will enjoy a short panoramic tour. One of the characteristic features of this delightful seaside town is 'les planches', the boardwalk lined by elegant buildings which runs the length of the beach. Between the famous casino and les planches, you will see the Centre International de Deauville, a remarkable ensemble of suspended gardens, fountains and transparent façades. This area is a popular rendezvous for celebrities who like to meet and enjoy being seen in trendy venues such as the Bar du Soleil.

There will be free time to stroll around before you leave Deauville and drive through the heart of the Normandy countryside to the village of Le Breuil en Auge, where you visit a traditional distillery, 'Le Château du Breuil', which specialises in producing cider, Pommeau and Calvados. Classified as a historic monument, the Château du Breuil, an attractive slate-roofed château, was built in the 16th and 17th centuries. During a guided tour you will learn something of the different stages of cider pressing, and the exhibits include apple presses and mills, crushers and stone grinders dating back to the 16th century as well as the traditional distillery with its bright copper stills.

You will also discover the history and making of Calvados, the delicious local apple brandy. The fermented juice of fine Normandy apples is distilled twice, and then it slowly ages in oak casks, the subtle interaction between oak, air and alcohol giving the Calvados its unique bouquet. At the end of the tour, you will be invited to sample the Calvados, cider and pommeau as well as taste some delicious Normandy cheeses such as Camembert, Pont l'Évêque and Livarot together with bread and butter. Afterwards you will have the opportunity to purchase some of the local produce before returning to the ship.

👉 **By coach/on foot, subject to a minimum of 35/maximum of 90.**

👉 **Please note: This tour involves approximately 1½ hours of walking. Flat, comfortable footwear is recommended.**



D-Day Landing Beaches

Tour 406D - Approx. 10 hours

The beaches of Normandy and the events of June 6, 1944, will never be forgotten. Join this full day excursion to the Normandy landing beaches for a look into the past and to remember the heroism of the allied forces, as you visit the sites of the historic D-Day and the British Cemetery of Ranville.

The British Cemetery located near the historic Pegasus Bridge site, Ranville Cemetery holds 2,564 graves, including those of 2,154 British soldiers. The village of Ranville was captured on the morning of D-Day. The churchyard was used for immediate burials and some soldiers were laid to rest at this location as the fighting for the eastern flank continued.

During the tour you have the opportunity to see the famous Pegasus Bridge at Benouville. The original bridge, built in 1933 was removed from the canal in 1993. The historical bridge, the first bridge to be liberated in continental France, was stored on waste ground for six years. Since February 2000, the bridge has been exhibited in the park of the museum 'The Memorial Pegasus'.

In Arromanches, your guide will take you to the Museum of the Landing Day officially opened June 5th 1954 by René Coty then President of the French Republic. It was the first museum to be built in commemoration of June 6th 1944 and the Normandy Campaign. Models, dioramas and films depict the monumental exploits and sacrifices of the allied forces during the Mulberry and Overlord operations. You'll have a chance to photograph remains of the floating harbour, where thousands of allied soldiers came ashore, still visible on this historical beach.

The Battery of Longues, the German artillery battery which gave the allied ships a pounding on the morning of June 6th, is the only coastal battery to have kept its guns. Built on a rather picturesque cliff, it was composed of four 150mm guns with a range of 20km. In spite of the release by 124 RAF planes of 600tons of bombs during the night before 6th June, the four guns were still operational on the morning of 6th June and they began firing at 5.37am. The French Cruiser Georges-Leygues was the first to return their fire. With three of their guns being put out of action, the Germans were silent for a while but resumed firing in the afternoon. The battery was finally reduced to silence at 7pm by two direct hits from the Georges-Leygues. The observation post and control room were the setting of one of the most famous scenes of the film 'The Longest Day'.

A three-course lunch including a glass of wine is included in the tour.

👉 **By coach/on foot, subject to a minimum of 35/maximum of 90.**

👉 **Please note: This is a long day with approximately 3 hours of walking, some of which is over uneven ground. Flat, comfortable shoes are recommended.**



OSLO, Norway

Highlights of Oslo

Tour 217A – Approx. 3½ hours

Your highlight tour starts with a drive past the Parliament, the National Theatre and the Royal Residence before arriving at Vigeland Sculpture Park. This fascinating outdoor gallery covers 80 acres and contains more than 150 sculptures, all symbolising the different stages in the life of mankind. Here the master-sculptor Gustav Vigeland has created a wonderful world of human figures and animals in stone, iron and bronze. Centrally placed in the park is the 55-foot-high monolith featuring 121 stone figures of men, women and children climbing on top of each other in their struggle for life. Your guide will walk with you through the park and explain about the different sculptures and monuments, before you rejoin the coach at the exit on the other side.

The next stop is at the Kon Tiki Museum, to view the balsa-wood raft used by Thor Heyerdahl to cross the Pacific in 1947. The museum also contains the papyrus boat, Ra II, which Heyerdahl sailed across the Atlantic from Africa to Barbados in 1970, and exhibits brought back from his incredible voyages.

Then you will visit the Viking Ship Museum. Three ships dating back to around A.D. 900 - 1000 were excavated from the banks of the Oslofjord and carefully restored as a living memory of the age of the Vikings and their famous 'Longboats'. The Museum also houses a large collection of items found on board the ships, such as tools, jewellery, clothes and other artefacts. From here you will drive along the harbour back to the quayside.

➤ **By coach/on foot, subject to a minimum of 40/maximum 400.**

➤ **Please note: This tour involves a walk of approximately 45 minutes through Vigeland Park, and flat, comfortable footwear is recommended. Restroom facilities at the Park incur a charge of approximately 5 Norwegian Kroner.**

Introduction to Oslo

Tour 217B – Approx. 3 hrs

Your introduction to Oslo begins with a short city tour passing Akershus Fortress, the City Hall; inaugurated in 1950 at Oslo's 900-year's jubilee, and in to one of the two main streets in the town centre - Stortingsgate. Pass by the Parliament Building before you enter the second and most important street 'Karl Johan', named after the Swedish-Norwegian King in the early part of the 19th century. Travelling down this street you pass the oldest part of the university dating back to 1813 and at the top of the hill facing you is the Royal Palace, residence of the Royal Family.

Your journey then takes you past the gates to the Vigeland Sculpture Park for a short photo stop and then the coach starts to climb Holmenkollen Hill, passing the charming residential area with attractive homes and gardens and the world-famous ski jumping arena at Holmenkollen. On clear days the view over the town and the Oslofjord are spectacular.

On your return drive to the ship, you will pass the Viking Ships Museum at Bygdøy Peninsula, and from the terrace of the Norwegian Maritime School at Ekeberg there are more fine views of Oslo harbour and the fjord.

➤ **By coach, subject to a minimum of 40/maximum 500.**

➤ **Please note: This is mainly a panoramic tour of the city with a few short photo stops, traffic permitting. There is very little walking on this tour.**

Traditional Boat and Shrimp Buffet

Tour 217C – Approx. 3 hrs

Oslo has a lovely setting at the head of the Oslo fjord with numerous wood clad islands in front. The city was founded around 1050 and it is the oldest of the Scandinavian capitals. Today Oslo has approximately 500,000 inhabitants and close to the harbour you can see the Akershus Fortress and the two characteristic towers of the Town Hall that was inaugurated in 1950 for the city's 900th anniversary.

After a short walk along the harbour you will board a traditional wooden boat for a delightful cruise enjoying the scenery and beautiful islands, whilst savouring the fresh flavour of local shrimps. There is ample space for everyone to be seated on deck. You sail past numerous islands, including Hovedøya and the Dyna Lighthouse, through narrow inlets and into sheltered bays so that you can capture the capital on camera from different angles. The boat passes close to the peninsula of Bygdøy, housing many interesting museums as well as beaches such as Huk Bay. See the Maritime Museum with its veteran sailing ships moored outside, and the impressive Fram Museum, housing the polar ship of the same name. During your cruise, a local Norwegian snack of shrimps will be offered, accompanied by a glass of wine or non-alcoholic soft-drink.

➤ **By boat/on foot, subject to a minimum of 40/maximum 120.**

➤ **Please note: There will be a short walk to join the boat. A variety of different sized boats may be used for this tour and there is a steep gangway and narrow steps to reach the facilities on board. A warm jacket and comfortable, non-slip shoes are recommended. During the early months the temperature may be cold and so we recommend that you dress according to the weather. There is no shade on the top deck.**

Hadeland Glassworks

Tour 217D – Approx. 4½ hrs

Visit Hadeland Glassworks at Jevnaker to see some magnificent pieces of glass work and learn how they are made. This tour begins with a drive through the western suburbs of Oslo towards the Tyrifjord and then follows its shores on the eastern side.

On arrival at Jevnaker you shall visit Hadeland Glassworks set in a rural oasis and one of Norway's popular tourist attractions. The Glassworks produce articles for everyday use, crystal and special collector's pieces. See the glass blowers demonstrate their skills forming glowing, molten glass into some of the most beautiful shapes. Your tour includes a visit to the museum which houses a unique collection of over 700 pieces of glassware. The exhibits show the development of Norwegian glass making from 1762 to the present day. Following your visit you will return to the port via the main road across the fertile plain, Ringerike, and then climb uphill to Sollihøgda before descending towards Oslo once more.

➤ **By coach/on foot, subject to a minimum of 35/maximum 80.**

➤ **Please note: The transfer to the Glassworks takes approximately 1½ hours each way.**



ROUEN, France

Claude Monet's House and Gardens

Tour 407A - Approx. 5 hours

From Rouen, you join the motorway and head in an easterly direction through the attractive Normandy countryside to Giverny, a pretty village situated on the banks of the River Seine and best known as the home of Claude Monet.

The world-famous Impressionist painter lived in this house from 1883 until his death in 1926. Between 1886 and 1890, a whole colony of painters joined him in order to take advantage of the 'garden art' form. It was in this very picturesque setting that Monet painted the huge canvases of the water lilies which can be seen in Paris at the Orangerie Museum.

The first part of the visit of the gardens will be made in the 'clos normand': the arches of flowers surrounded by amazing flower beds provide from spring to autumn the palette of varying colours this painter and gardener used for his art. Monet wrote daily instructions to his gardening staff with precise designs and layouts for plantings.

The house, which is now a museum, was first opened to the public in 1981. It has been lovingly restored in green and pink and you will see the blue salon, the bedroom with the bed and roll-top desk, the old studio, the yellow dining room with its delightful painted wooden furniture and the tiled kitchen. Reproductions of Monet's works and his collection of 18th and 19th century Japanese prints can be seen in the different rooms.

The adjacent flower gardens have been replanted to Monet's own designs and offer a spectacular array of colours. The famous Japanese water garden has a lily pond with gracefully arched bridges bordered by bamboo, azaleas, rhododendrons and a majestic weeping willow which contributed to Monet's inspiration in his work.

Prior to leaving Monet's house, you will have free time to browse in the gift shop which offers numerous reproductions of the painter's work, souvenirs, postcards, posters, books and videos. Following the visit, you rejoin your coach for the return journey via the motorway to Rouen.

➤ **By coach/on foot, subject to a minimum of 35/maximum of 180.**

➤ **Please note: The drive to/from the Giverny is approximately 1¼ hours each way. This tour involves a long walk to/from the coach park to the entrance of Monet's House. It is not permitted for guides to give a commentary inside Monet's House. Photography and videos are not permitted inside. It is not possible for guides to give a guided walk in the Garden's due to the number of visitors. Guides will however explain the layout and the facilities, leaving participants to wander at leisure in the Gardens. Flat, comfortable footwear is recommended as this tour involves considerable walking. We recommend you take water or a drink with you as refreshment facilities are limited.**

This is a city which has stirred the souls of many great writers and inspired numerous painters in the past; it is situated on the north bank of the river Seine and has been the capital of Normandy since the beginning of the Christian era.

Your coach will take you from the quayside to the historic centre, where you start your two-hour guided walking tour of the old city along narrow streets lined with more than 700 medieval timber-framed houses. The city contains a wealth of beautiful churches, towers, fountains and houses from its historic past, and its charming medieval and Renaissance centre around the cathedral has been restored and is open to pedestrians only.

You will visit the magnificent Cathedral of Notre-Dame, one of the greatest shrines in all France. Its Gothic façade gives way to an interior of soaring pillars and glittering stained glass. Within lies the tomb of that most heroic of English medieval kings, Richard the Lion-Heart. Further east is the late Gothic church of Saint Maclou, with its magnificent porch and twin doors with fine carvings of biblical scenes. Nearby is the Palais de Justice (law-courts) and the city's busy commercial centre, Rue du Gros-Horloge, lined with timber-framed old houses and a fine Renaissance arched clock-tower. The gilded clock face shows phases of the moon and the day of the week as well as the time.

Old and new Rouen come together in the Place du Vieux-Marché, the market-place, and the imposing modern church dedicated to St. Joan of Arc, patron saint of France. Close by is the spot where she was burned at the stake as a witch and a heretic in 1431.

➤ **By coach/on foot, subject to a minimum of 35.**

➤ **Please note: This tour involves considerable walking, mostly over cobble-stoned streets. Flat, comfortable footwear is essential. The visit to the Cathedral of Notre-Dame is dependent on no religious ceremonies taking place at that time.**

Normandy is the land of picturesque half-timbered houses, lush green pastures and apple orchards, a land of rich culinary tradition based on its fine local products: butter, cream, world-famous cheeses and of course apples from which are made the brandy 'Calvados', the apéritif 'Pommeau' and the delicious cider.

From Rouen you join the motorway and drive in a westerly direction for one-and-a-quarter hours to the charming 13th century fishing port of Honfleur. The best way to explore the town is on foot, and on your one-hour guided walk you will see the Governor's House, 'La Lieutenance', the ancient gateway to the town, as well as the 17th century Old Dock and nearby a remarkable monument to this fishing town's seafaring traditions - the wooden St. Catherine's Church (Eglise Ste-Catherine) built by naval craftsmen and whose vaulted roof resembles a ship's upturned hull.

Afterwards, a short drive through the heart of the Normandy countryside will take you to the village of Le Breuil en Auge, where you will visit a traditional distillery, 'Le Château du Breuil', which specialises in producing cider, Pommeau and Calvados. Classified as a historic monument, the Château du Breuil, an attractive slate-roofed château, was built in the 16th and 17th centuries and has recently survived a fire. During your guided tour you will learn something of the different stages of cider pressing, and the exhibits include apple presses and mills, crushers and stone grinders dating back to the 16th century as well as the traditional distillery with its bright copper stills. You will also discover the history and making of Calvados, the delicious local apple brandy. The fermented juice of fine Normandy apples is distilled twice, and then it slowly ages in oak casks, the subtle interaction between oak, air and alcohol giving the Calvados its unique bouquet. At the end of the tour, you will be invited to sample the Calvados, cider and Pommeau as well as taste some delicious Normandy cheeses such as Camembert, Pont l'Eveque and Livarot together with bread and butter. Afterwards you will have the opportunity to purchase some of the local produce, before returning via the motorway to the ship.

➤ **By coach/on foot, subject to a minimum of 35/maximum of 90.**

➤ **Please note: The drive to Honfleur will take approximately 1¼ hours. The return journey will take approximately 1½ hours. This tour involves considerable walking, some over cobble-stoned streets in Honfleur. Flat, comfortable footwear is recommended.**



Paris On Your Own

Tour 407D - Approx. 9 hours

Paris is the majestic capital of France and is of unrivalled beauty and sophistication. This return coach transfer will allow time for independent sightseeing and an opportunity to visit some of the city's most legendary landmarks. Your tour begins at the quayside, where you will be met by your French guide who will travel with you to and from Paris and assist with information. An approximate two-hour journey along the motorway will take you across the Seine Valley and through the green countryside of Normandy. On arrival in Paris, your coach will drop you close to Place de la Concorde, a large, beautiful square surrounded by flowers and chestnut trees and conveniently located near the major tourist sites. You will then have approximately five hours to explore on your own and at your own pace.

The 164-foot-high Arc de Triomphe was planned by Napoleon to celebrate his military successes, but not completed until 20 years after his death. The Champs-Élysées with its chic cafés and luxury shops is the principal thoroughfare of the city, and one of the most famous streets in the world. The Ile de la Cité is one of two natural islands in the Seine within the city of Paris, the other being Île Saint-Louis. Here in the heart of Paris is the prominent Nôtre-Dame Cathedral near the site of the first city settlement dating from around 250 B.C. It is one of the world's finest examples of gothic architecture, and no other building epitomizes the history of Paris as this does. Nearby, rising above a perfectly manicured lawn, is the Hôtel des Invalides, founded in 1674 by Louis XIV to house wounded war veterans and now containing the tomb of Napoleon. No visit would be complete without seeing at close hand the Eiffel Tower, built in 1889 and the symbol of Paris. It was from this 324 metre-high tower that the first transatlantic wireless telephones were operated in 1916.

Whatever you choose to do, you will find much to see and enjoy during your stay, and in the early afternoon it will be time to join the coach for the return journey to Rouen.

👉 **By coach/on foot, subject to a minimum of 35.**

👉 **Please note: This tour involves considerable walking and flat, comfortable footwear is recommended. A map of Paris is provided to help you find your way around. A lunch box will be provided by the ship which should be taken with you when you leave the coach in Paris. The drop off/pick up point planned in Paris will be the 'Cours de la Reine' located close to Place de La Concorde. This may however change on the day due to traffic conditions.**



ST. MARY'S AND TRESCO, Isles of Scilly

St. Mary's Island Tour

Tour 119A - Approx. 1 hour

St Mary's is the largest of the five inhabited islands, yet it is only two miles long and one mile wide! It is the administrative centre and hub of commercial and social life, as well as the terminus for year-round transport links both by air and sea with mainland Britain. The capital, Hugh Town, sits on a narrow sandbar and, although it has a substantial harbour, is really little more than a large village. Away from the hustle and bustle of the town the landscape is varied, with rugged granite cliffs, wild scenery, fine beaches and nature trails, all of which you will see during our short tour of the island.

There will be photo stops en route, and your entertaining driver/guide will give you an opportunity to see some of the main places of interest and admire some of the most spectacular views. Forming part of the Duchy of Cornwall, it is easy to understand why so many people, including the former Prime Minister Harold Wilson, who had a holiday home and is buried here, find the Isles of Scilly so peaceful and enchanting.

- 👉 **By coach/on foot, subject to a minimum of 30/maximum 180.**
- 👉 **Please note: Owing to the limited capacity of transport on the island, passengers are recommended to pre-book this tour. There is a walk of approximately 800 metres from the quayside where the tender boat arrives to the bus departure point in the main street.**

The second largest of the Scilly Islands, Tresco is only two miles long, but has an amazing variety of scenery, and with its mild, frost-free climate, plants from all over the world thrive here. Cars are prohibited, and the tranquil way of life and old-fashioned courtesy enjoyed by both islanders and visitors alike has not changed for more than half a century.

The Abbey Gardens, which we shall visit, flourish here, and there is nowhere else in the British Isles that has such an exciting and exotic collection of plants growing in the open. Apart from plants obtained from Kew Gardens, countless others from South Africa, Australia, the Mediterranean and Mexico, which are normally under glass, prosper within the secure embrace of massive holm oak hedges, which protect the island from the fierce, salty gales.

The gardens also house the Valhalla Ship's Figurehead Collection with magnificent figureheads from old sailing ships, each with its own story to tell. Tresco has two freshwater pools, one being the Abbey Pool, which attracts birds including dunlins, plovers and ducks such as the mallard and teal.

From its early days Tresco has welcomed visitors, and the effect is so astonishing that even the non-gardener cannot fail to be impressed. Experienced staff, whose extensive knowledge of the flora will enhance your visit, will give a short guided tour of the gardens and afterwards there will be free time to enjoy them at leisure. There is an excellent Visitor Centre, and souvenirs and refreshments can be purchased in the attractive new gift shop and cafeteria.

👉 **On foot, with approx. 20 persons per group/maximum 225.**

👉 **Please note: This tour involves considerable walking, some of it over uneven surfaces and steps at the Abbey Gardens, so flat, comfortable footwear is essential. It is not suitable for passengers with walking difficulties. There is an approximate 20 minute walk each way from the landing pier at Carn Near (tides permitting) to the Abbey Gardens. In the event of low tide, the alternative quay for tenders will be at New Grimsby which is approximately a 40 minute walk to the Gardens.**

This memorable excursion takes you on a marine safari boat trip to see wildlife and spectacular scenery. Board the RIB (rigid inflatable boat) and cruise around the Islands of Scilly in search of grey Atlantic seals and seabird colonies. You may also see puffins, guillemots, razor bills and fulmars depending on the time of year, as well as some of the island's shipwreck sites. On this trip there are plenty of photo opportunities, and full, friendly and informative commentary by Scillonian skipper Mark and his wife Susie. This trip will give you a fascinating insight into the natural history of these unique islands.

👉 **By rigid inflatable boat, subject to a minimum of 8/maximum of 10.**

👉 **Please note: Although not strenuous, this excursion is not suitable for those passengers with limited mobility or back problems. Participants are required to embark the RIB with minimal help and sometimes a floating landing stage may be used. Lightweight waterproofs are recommended to protect against the wind or possible spray.**



ST. PETER PORT, Guernsey, Channel Islands

Coast & Countryside

Tour 101A - Approx. 3 hours

Experience historic sites and beautiful scenery of St. Peter Port as you enjoy a circular coach drive around the island.

Travelling inland, the route takes you past Saumarez Manor and through St Martin's Village to the Little Chapel at Les Vauxbelets, where there will be a stop for you to visit this unique monument. The Little Chapel is said to be the smallest consecrated church in the world, built as a labour of love. The design is based on the Grotto at Lourdes, and it is intricately decorated with shells and small pieces of china.

The tour continues through country lanes leading to the west coast where there will be a short stop for photos at Pleinmont Point, the westernmost tip of Guernsey, for a splendid view of Les Hanois lighthouse and spectacular cliff scenery.

Descending the hill you will see, nestling inside the natural fishing harbour of Rocquaine Bay, the Napoleonic Martello Tower of Fort Grey which was built to deter Napoleon's invasion forces. A stop will be made at the tourist outlet Guernsey Pearl, where there are toilets and you will have an opportunity to shop for souvenirs or purchase refreshments.

Finally, you follow the coastal road to view the fine sandy beaches of L'Eree and Vazon and the beautiful pink granite formations of Cobo Bay, before arriving back at St. Peter Port.

➤ **By coach/on foot, subject to a minimum of 30/maximum of 140.**

➤ **Please note: The coach drivers will also act as guides and give a commentary during this tour. There is no wheelchair access inside the Little Chapel which has 10 steps at the entrance and a few outside. The itinerary may operate in reverse to that described.**

You leave the harbour and drive along the seafront of the bustling capital of St Peter Port, and travel across the island to the picturesque Cobo Bay, where you follow the coast road in a south-westerly direction past Vazon Bay until you reach the natural fishing harbour of Rocquaine Bay, where you can see the Napoleonic Martello Tower of Fort Grey, affectionately known as The Cup and Saucer. There will be an opportunity for photographs at Pleinmont Point, the westernmost tip of Guernsey, for a splendid view of Les Hanois Lighthouse and spectacular cliff scenery.

The tour continues along winding country lanes leading to the Little Chapel at Les Vauxbelets, where there will be time for you to visit this unique monument. The Little Chapel is said to be the smallest consecrated church in the world, built as a labour of love. The design is based on the Grotto at Lourdes, and it is intricately decorated with shells and small pieces of china. There will be a short time to shop at the nearby Guernsey Jewellers and Clockmakers, where there is a wide range of attractive souvenirs and timepieces.

During the tour, enjoy refreshments of tea or coffee, together with scones, jam, and of course the famous Guernsey cream at a local hotel.

On your return, you will pass through St Martin's Village and descend Les Val des Terres passing the historic Castle Cornet and 12th century Town church, before arriving back at the harbour.

👉 **By coach/on foot, subject to a minimum of 30/maximum of 60.**

👉 **Please note: The coach drivers will also act as guides and give a commentary during this tour. There is no wheelchair access inside the Little Chapel which has 10 steps at the entrance and a few outside. The itinerary may operate in reverse to that described.**

This delightful tour will enable you to appreciate some of the diverse aspects of the island's flora in more detail. From the quayside you drive to the Freesia Centre, where you shall see the freesias at different stages of development. A section of one of the large glasshouses here is kept in full bloom for you to enjoy the scent and colours of this delicate flower.

You then travel along the west coast and through Kings Mills, an area of natural beauty with many traditional Guernsey farmhouses, before arriving at Bruce Russell's Gold and Silversmith's, a small, exclusive family-run jewellers set amidst five acres of beautiful landscaped gardens. There will be time to relax in this idyllic setting and an opportunity to purchase refreshments at the Pavilion Restaurant, such as the delicious traditional 'Guernsey Gache'.

Following the visit, you travel to the Little Chapel at Les Vauxbelets, where there will be a stop for you to visit this unique monument. The Little Chapel is said to be the smallest consecrated church in the world, built as a labour of love. The design is based on the Grotto at Lourdes, and it is intricately decorated with shells and small pieces of china.

Finally, you continue to the privately-owned, award-winning cliff-top garden in St. Martin's parish. Here there will be ample time to enjoy the sights, scents and colours of the diverse plants, which thrive in the temperate climate, before returning to the harbour at St. Peter Port.

👉 **By coach/on foot, subject to a maximum of 30.**

👉 **Please note: This tour involves moderate walking with steps in the garden. Flat, comfortable footwear is recommended. Owing to the limited capacity on this tour, pre-booking is advisable.**

From the tender point you will walk the short distance to the harbour where a boat will be waiting to take you to the delightful Island of Sark. During the 45-minute journey you pass the islands of Herm, Jethou and Brecqhou, where you will have a close view of the newly-built Gothic-style castle.

The only motor vehicles allowed on Sark are tractors, and on your arrival at La Maseline harbour, one of these will transport you to the top of Harbour Hill, affectionately known as 'The Toast Rack'. If you prefer to walk there is a narrow, winding woodland path, which leads to the top of the hill, though this is a fairly strenuous climb. You will then have the remainder of the day to spend at leisure and enjoy the unspoiled Island of Sark, for this is a naturalists' paradise. Here you will find no cars, no tarmac roads, no high-rise developments, only spectacular coastal scenery and wild flowers in a delightful setting just three miles long and one-and-a-half miles wide at its widest point.

Horses and carriages are available for hire (limited availability), as are bicycles if you prefer to get around the island otherwise than on foot and a local guide will travel with you and be on hand to offer assistance during your stay. The island is easy to explore and has several craft shops and places for light refreshments. Sark's most popular visitor attraction is the beautiful walled and formal gardens of La Seigneurie, the home of the Seigneur of Sark, the head of its government, the last remaining feudal constitution in the Western world until the 600 residents voted in December 2008 for its first democratic government in 450 years. Whatever you choose to do, you will find your day filled with natural beauty, and all too soon it will be time to return to the harbour and rejoin your boat for the trip back to St. Peter Port where a tender will be waiting to transfer you to the ship.

👉 **By boat/on foot, subject to a minimum of 30/maximum of 60.**

👉 **Please note: This is a walking tour. Meals, refreshments, island transportation (apart from the tractor transfer) and entrance to La Seigneurie Gardens are all at your own expense. Flat, comfortable footwear is recommended. There are many steps at both embarkation points and care should be taken if it is wet. This tour is not suitable for those with walking difficulties.**

This special tour will show you the historical significance of the Channel Islands. Over the centuries they have been seen as the gateway to an invasion of Great Britain, a strategic stronghold between continental Europe and the United Kingdom. Leaving the harbour you drive directly to The German Occupation Museum. This Museum holds an impressive collection of war memorabilia gathered over the years by the present owner and includes the evocative reconstruction of a street in St. Peter Port during the German Occupation.

After your visit, you travel across the island to the west coast, where there will be ample opportunity to view the fortifications from both the Napoleonic era and the German Occupation years, profound legacies of Guernsey's turbulent past.

On reaching the most south westerly point at Pleinmont, you will have the chance to explore and photograph a German Gun Emplacement at La Batterie Dolman, which is sited on the top of the cliff with a high Observation Tower alongside.

A short stop will be taken at Guernsey Pearl Restaurant where you may purchase refreshments before continuing the tour. The tour then continues to The German Underground Hospital, a chilling series of tunnels commissioned by the German High Command during the Occupation, and painstakingly excavated by Russian prisoners of war. Emerging into the sunlight once again, your coach will return to the harbour.

👉 **By coach/on foot, subject to a minimum of 30/maximum of 60.**

👉 **Please note: This tour involves some walking. The ground may be slippery at The Underground Hospital and so care should be taken. Flat, comfortable walking shoes are recommended.**



Herm Island

Tour 101F - Approx. 2½ - 3 hours

Just 3 miles off the coast of Guernsey and a 20-minute boat ride away, lies the beautiful little island paradise of Herm, a friendly island with cliffs, wild flowers, sparkling blue sea, pretty harbours and white sandy beaches. On arrival at the harbour, take a walk across the common to Shell Beach, where you are sure not to be able to resist walking along the strand looking for shells. The path continues to Belvoir Bay, a little sandy lagoon, perfect for relaxing. A steep woodland path now stretches up to the top of the island where you can visit the little church of St Tugual, dating from the 11th century. This whole wander around the island will take you approximately one hour at a gentle pace.

Descending the hill, The Mermaid Tea Garden is always open and you may wish to purchase a light snack, before you visit the mezzanine of little shops which stock a variety of gifts and souvenirs.

The boat will depart from either the harbour or the Rosaire steps, depending on the height of the tide, for the return trip to Guernsey.

👉 **By boat/on foot, subject to a minimum of 30/maximum of 50.**

👉 **Please note: This tour is intended for the more independent passenger who prefers to wander alone. But, for those who prefer to be accompanied, a local guide will travel with you and accompany those who wish to go on the one hour guided walk. An illustrated walking map is provided. Flat, comfortable walking shoes are recommended. The duration of the tour in April is slightly shorter due to the boat schedule.**



ULVIK, Norway

Overland to Eidfjord

Tour 222A – Approx. 5 hours

In a sheltered bay lies the lovely village of Ulvik from where your overland to Eidfjord will begin. After disembarkation from the ships tender you join your coach for a drive towards Bruravik where you board a ferry for a ten-minute crossing of the Hardangerfjord to Brimnes. From here you continue towards the head of the fjord, through the village of Eidfjord, and then along Eidfjord lake. Above you are towering mountains, polished by ice and rocks during the Ice Age that ended some 8,000 years ago. At the far end of the Upper Eidfjord Lake you will stop to visit the Hardangervidda Nature Centre which offers an exhibition emphasising the nature and local people living within the area. In the cinema you shall see a multi-video presentation about the Hardanger National Park, Norway's largest National Park and home of the biggest wild reindeer herd in the country.

Leaving the Nature Centre you enter the Måbødal Valley with its towering mountain walls. Today the road travels mainly through long tunnels, but here and there you can see the old road and beautiful stone bridges built in by-gone days.

After climbing up to 2,460ft above sea level you enter the Hardangervidda, the largest mountain plateau in Northern Europe. Most of the area is a national park where vegetation and wildlife is protected, and where an estimated 10,000 wild reindeer roam freely, however these are seldom seen from the road.

Your journey continues to the Sysen Dam, one of the four dams supplying the nearby Sima Hydro-electric Plant with necessary water. The Dam itself is an impressive sight with its 260ft-high wall built from natural stone and gravel. There will be time to walk on the Dam and depending on the time of year and weather, you will have a view of the Hardangerjøkulen Glacier.

After your visit you drive to the Fosslí Hotel to enjoy the views and a cup of coffee or tea. In front of the Hotel a path leads down to a viewing site from where you can enjoy the sight of the Vøringsfoss Waterfall which cascades down into a deep canyon almost 600ft below. You return to Eidfjord to view from the outside the old church built around 1309. According to the saga, the church was built by Ríke-Ragna who ruled in the area at that time, and her reason for building the church lay in her desperate need for forgiveness for all her wicked deeds. Here at Eidfjord you rejoice your ship.

- 👉 **By coach/ferry/on foot, subject to a minimum of 40/maximum 90.**
- 👉 **Please note. There is an optional 5 minute walk each way, down a steep, partly gravelled road to reach the Sysen Dam viewpoint. The Dam Walls can be viewed from the coach on the way and also from the coach park. At Fosslí there is also an optional 5 minute walk over rough and uneven ground to reach the main Waterfall viewpoint. Care should be taken at the Waterfall viewpoint as there is only a partial barrier and some areas have no protection from the steep drop to the canyon. For your own safety it is essential that you stay away from areas where there is no barrier and heed the warning signs. This tour involves several tunnels, the longest of which is 1½ miles. Early in the season (March to early June), and late season, the Vøringsfoss Waterfall may have minimal water fall due to the weather. The stop at Sysen Dam is weather dependent as there may be snow in the early season, which means it will be viewed from the main road.**

All over the world, people have heard, in one way or another, about the wild and barbaric Vikings who, wherever they went, plundered and killed all that stood in their way. Another aspect of the same Vikings which few people are aware of is the significance they had for Norway's spiritual development, having introduced Christianity to the Norwegians. Vik, where your tour begins, is an old settlement, rich in tradition and in earlier times also a religious centre. The parish has three churches and one of these, the Hove Stone Church, is a striking example of how influences from foreign countries are clearly to be seen.

The first stop on your trip will be at the even older and picturesque Hopperstad Stave Church on the outskirts of Vik. Built in the 12th century it is an excellent example of how heathen beliefs still stuck in the minds of people. The dragon heads decorating the roof are there to keep the evil spirits away. The same ornamentation can be seen in the stems of Viking ships, and this tradition was maintained long after the Viking kings, with sword in their hand, forced their subjects to convert to the Christian faith.

From Vik, the road climbs steeply and with sharp bends, and soon Vik and the Sognefjord will be far below you. Your tour continues across the Vika Mountain and today the road goes partly through tunnels making it possible to keep the road open year-round. Descend into Myrkdalen (the dark valley) and then join the main road to enter one of West Norway's finest agricultural areas. In the centre lies the charming village of Voss, situated by the Vangsvatnet Lake and a bustling resort for both winter and summer visitors. Enjoy a buffet lunch with hot and cold dishes, meat and fish of all kinds, salads, desserts and coffee or tea.

After a short walk from the lunch venue to the railway station you will leave Voss by train on the Oslo-Bergen line. The impressions for the next hour are no less than breathtaking; with the line winding its way between and partly through massive mountains, at the edge of breathtaking drops, with gushing rivers and waterfalls.

At Myrdal station you change trains to join the Flåm railway line which, despite being only 12 miles long, is a masterpiece of engineering. The journey winds its way down the steep and narrow Flåm Valley. On the way down there are countless viewpoints where the train stops or goes slowly and you can see waterfalls plunging down almost vertical rock faces. The train takes you from 2,700ft down to sea level and terminates in Flåm, a small village on the Aurlandsfjord where you will take the short walk to rejoin your ship or the waiting tenders if the ship is at anchorage.

- **By coach/train/on foot, subject to a minimum of 40/maximum is subject to train schedule and availability.**
- **Please note: This tour involves some walking over gravelled ground. In the early season it is possible that there may be snow on the ground and so care should be taken. During April to early June it is possible that some of the waterfalls may be frozen or have minimal water flow. Late in the summer, the amount of water in some waterfalls can be limited. There is a high step to board the train and a change of platforms, so this tour is not suitable for passengers with wheelchairs.**

The train journey from Voss to Myrdal is approximately 1 hour and from Myrdal to Flåm approximately 1 hour. There is a wait of up to 30 minutes between trains. There are approximately 10 steps to negotiate at the lunch venue and a slight incline from the train to the platform. Depending on the train schedule, the duration of this tour may vary, however the advertised content will remain unchanged. The local guide is not permitted to give a commentary onboard the train and so a limited taped commentary will be made. You must remain seated on the train, as the journey can be bumpy.

WARNEMÜNDE, Germany

Berlin Highlights & River Cruise

Tour 408A - Approx. 12 hours

Berlin is a city that stands as a symbol of radically changing history. Reminders of the past, such as the hated monument of the Cold War, the Berlin Wall, and monuments of the future sit together to provide the perfect setting for the 21st century. Witness the unique mixture of 'past meeting present' in this city of contrasts that during the last century often found itself at the crux of world events.

Your full day tour starts with a drive through Rostock where you join the autobahn for the three-hour journey to Berlin. Here you will meet your experienced local guide. Among the highlights you will see in the former West Berlin are the stadium built for the Olympic Games of 1936 and the ruined Kaiser Wilhelm Memorial Church which marks the eastern end of the Kurfürstendamm, the city's elegant shopping thoroughfare. The Church, built at the end of the 19th century, was partly destroyed in 1943, and the famous ruined tower stands as a reminder of wartime damage. Together with its new octagonal chapel and (separate) hexagonal bell tower, the Church has become a symbol of the city. You will also see the 'East Side Gallery', a mile-long section of the original Berlin Wall, brightly painted with graffiti and left as a memorial to the city's recent history. A slight chill still runs through you as you drive to 'Check-point Charlie', the well-known former border point in the American sector of the city, where there will be a photo stop and free time to shop for souvenirs.

After a three-course lunch including a beer or a glass of wine, and coffee at a restaurant in the historic centre of the city, you travel along the famous boulevard 'Unter den Linden' and then board a modern pleasure cruiser for a leisurely cruise along the tranquil River Spree. The delightful 45-minute boat trip will take you through the government quarter with the Chancellery and the Reichstag (German Parliament), with its distinctive glass cupola built by Sir Norman Foster, and will give you a memorable perspective of the UNESCO World Heritage site Museum Island, including the Pergamon Museum and the Berlin Cathedral.

After rejoining the coach, you continue to Gendarmenmarkt, said to be one of the most beautiful squares in Europe, where there will be a photo stop. After pausing at the World War II Memorial for the victims of War and Dictatorship, you will see the Humboldt University, Hedwig Cathedral, the Berlin Dom, the Red Town Hall and the former Karl-Marx-Allee, a huge monumental avenue with Stalinist architecture, once used for the East German government's grand parades. You then return to West Berlin passing the 'Siegesäule' (Victory Column) in the centre of Tiergarten Park, Bellevue Palace to the Brandenburg Gate, formerly on the eastern side of the Wall and from 1961 to 1989 inaccessible to pedestrians and vehicles.

Your final photo stop is at Charlottenburg Palace, built as a summer residence for the Prussian kings, and considered the most impressive of all the palaces restored after World War II. During the return journey to Warnemünde, a light snack will be served on the coach before you arrive back at the ship in time for a late dinner.

- 👉 **By coach/river boat/, subject to a minimum of 40/maximum of 240.**
- 👉 **Please note: This tour involves very little walking although there are several steps to embark and disembark the pleasure cruiser; however, it is a long full day, and passengers should take this into consideration before booking. The order of sightseeing may be altered depending on traffic conditions. The journey to/from Berlin is un-guided. An English-speaking escort will accompany you on the journey. A convenience stop is made during the transfers and local currency (Euro) is required if you wish to use the facilities.**

Countryside and seaside scenes of northern Germany entertain you on this delightful tour that includes a ride aboard the tiny 'Mollie' narrow-gauge railway. The tour starts with a drive in a south-westerly direction to visit the restored red brick medieval church of Bad Doberan Minster. Originally built as a monastery, the church today is an important historical site of the Mecklenburg region, and your guided visit of the beautiful interior will feature the impressive winged altar, tabernacle and sanctuary lamp.

The tiny 'Mollie' is a steam train and has been in operation since 1866, the carriages being pulled by an old-fashioned locomotive along a narrow gauge-railway.

You board the train at the historic station in Bad Doberan, a small country town that was once a bishop's seat and a centre of religious and military power, and pass through Heiligendamm, Germany's oldest bathing resort visited by the Kaiser, the Russian Tsar, and European royalty. Your approximate 35-minute journey along the Baltic coast will take you through the scenic landscape of Doberan Linden Alley, a two-mile-long strip lined with lovely century-old linden trees, and along the way you will pass picturesque villages, an unspoiled coastline and attractive summer villas. At the end of this romantic trip you will have an opportunity to take photos of this splendid vintage steam train.

On arrival at Kühlungsborn station at the end of the line, your coach will transfer you to a leading hotel at this attractive seaside resort, where coffee, tea and a slice of homemade cake will be served. Afterwards there will be free time to take a stroll along the promenade and view the 'strandkorb', a typical German roofed wicker beach chair, before you enjoy a panoramic drive back to the ship in the late afternoon.

➤ **By coach/train, subject to a minimum of 40/maximum of 160.**

➤ **Please note: This tour involves very little walking, but is not considered suitable for passengers with wheelchairs owing to limited access on the train. Please cover your knees and shoulders when entering the Minster. Flash photography is not permitted inside. As the Mollie is pulled by a steam locomotive it is likely you will have a strong smell of coal burning. There are 3 large steps to embark the Mollie.**

Make the most of your visit to Warnemünde and spend your day exploring two former members of the Hanseatic League – Rostock and Lübeck. This tour starts with a 1½ hour drive along the autobahn to Lübeck. Upon arrival enjoy a walking tour past the historic City Hall and the southern city gate known as the Holstentor. This remarkable building was part of the city's fortification until its own weight caused the south tower to start sinking into the ground. Pass by the Holy Ghost Hospice, impressive St. Mary's Church and the convention hall for the local sailors since the 13th century – the Schiffergesellschaft building, where lunch will be served. Other sights such as the Buddenbrookhaus, the Burgtor and the richly decorated City Hall will also be discovered during the walking tour. Your time in Lübeck concludes with some time for shopping at the 'Niederegger' store where you can indulge your sweet tooth and try some acclaimed marzipan.

Your route to Rostock will take you past the rolling landscape, typical of the Mecklenburg countryside.

At Rostock, enjoy a guided walk through the Kroepelin Street and listen to your guides' explanations of the University building, the Holy Cross Convent, and the Fountain of Joy.

Soon you will find yourself standing at the new market square featuring the City Hall and St. Mary's Church which you will visit before some free time in Kroepelin Street.

➤ **By coach/on foot, subject to a minimum of 40/maximum of 120.**

➤ **Please note: This tour involves considerable walking and comfortable, non-slip shoes are recommended. This tour may operate in reverse to avoid congestion. Please cover your knees and shoulders when entering the Church. The Holy Ghost Hospice is closed on Mondays.**



Rostock Revealed

Tour 408D - Approx. 4½ hours

This tour will enable you to discover Rostock, one of Germany's most beautiful Hanseatic cities. From the ship, you will have a short walk along the quayside to the pier where you board a boat for a delightful 45-minute cruise along the River Warnow to Rostock. During the journey, you will be served coffee or tea and biscuits, before arriving at the yacht harbour.

After a short coach transfer, your guide will take you on a one-and-a-half hour walking tour of the historic centre, with its Gothic brick architecture, high gabled houses and richly ornamented façades, including a visit to the Marienkirche (St. Mary's Church), famous for a remarkable astronomical clock dating from 1472 and a splendid Baroque organ. Other highlights are the Holy Cross Convent, the Fountain of Joy, the University of Rostock founded in 1419 and the third oldest in Germany after Heidelberg and Leipzig, and the Town Hall with its seven towers which has been the seat of Rostock's administration for over 700 years.

There will be a short time to shop for souvenirs in the pedestrian area of this vibrant seaport, before you continue to the exclusive Trotzenburg Micro-Brewery close to the city centre. Beer is not only one of Germany's best-known products, but is also a staple part of the inhabitants' diet. You will be shown the modern plant, learn from the master brewer something of the process of brewing beer, and afterwards be invited to sample in the restaurant a freshly-brewed draft together with pretzels. Before leaving, you will be given a Trotzenburg beer glass to take home as a memento.

Following the visit, you return by coach to Warnemünde, the Baltic beach resort purchased as a small fishing village in 1323 by the rich merchants of Rostock to safeguard their access to the sea.

- **By coach/boat/on foot, subject to a minimum of 40/maximum of 120.**
- **Please note: This tour involves considerable walking and comfortable, non-slip shoes are recommended. This tour may operate in reverse to avoid congestion. Please cover your knees and shoulders when entering the Church.**

Rostock is the largest city in Mecklenburg-Pomerania, and is the heart of the holiday region along the German coastline of the Baltic Sea. Neglected for decades during the Communist era, the city has now been rebuilt and restored so you can see it shining in all its glory.

After an approximate 30-minute drive from Warnemunde, you arrive at the old Hanseatic town of Rostock, founded in 1218. Your guide will then take you on a one-and-a-half hour walking tour of the historic centre, with its Gothic brick architecture, high gabled houses and richly ornamented façades, including a visit to the Marienkirche (St. Mary's Church), famous for a remarkable astronomical clock dating from 1472 and a magnificent Baroque organ. Other highlights are the Holy Cross Convent, the Fountain of Joy, the University of Rostock founded in 1419 and the third oldest in Germany after Heidelberg and Leipzig, and the Town Hall with its seven towers which has been the seat of Rostock's administration for over 700 years. There will be a short time to shop for souvenirs in the attractive pedestrian area of this lively seaport before we continue to the Stasi Museum, which we shall visit.

The Stasi, the state security police, terrorised and dominated two entire generations, keeping files on almost a third of East Germany's 17 million population. Since the demise of the German Democratic Republic, the Stasi Museum, housed within a pre-trial prison dating from the 1950s, is dedicated to publicising the crimes of a police state. Your guide will show you the original prison cell block where you will learn about the conditions of arrest and life in prison. You will also find out how the Stasi – the KGB of Eastern Germany – kept the GDR's population under surveillance, oppressed it and conducted espionage abroad. Following the visit, you return by coach to the ship in time for lunch.

- **By coach/on foot, subject to a minimum of 35/maximum of 90.**
- **Please note: This tour involves considerable walking as well as a number of steps at the museum, comfortable, non-slip shoes are recommended. This tour may operate in reverse to avoid congestion. Please cover your knees and shoulders when entering the Church. The Stasi Museum is closed on Sundays and Mondays, however Cruise & Maritime Voyages local agents have arranged special permission to visit.**

If you would like to escape from the hustle and bustle this tour will be the perfect choice for you. The destination, which is often referred to as 'Mecklenburg's Switzerland' is located in the south of Mecklenburg Western-Pomerania. Containing a National Park that serves as a natural habitat for numerous plants and animals, 'Mecklenburg's Switzerland' is also famous in Germany for its historic manors and farm houses.

During the scenic ride in a deluxe vehicle, you can enjoy magnificent views of the varied landscape, which is mainly flat, sparsely populated and crisscrossed with forests and moors that are remnants of the receding ice from about 12,000 years ago.

Pass by Vietgest, one of the last mansions built in the baroque era. As most of these historical buildings have their own mysterious legends, learn more about the history of Vietgest, which serves as a hotel now.

Soon, the avenue lined with oak trees leading to the stately home 'Burg Schlitz' will become visible. Surrounded by a magnificent park, the visit to Burg Schlitz is the highlight of the tour. Enjoy a guided tour through the different Saloons before you are invited for refreshments with traditional 'Count Schlitz Tart' and Jaegermeister Schnapps. Afterwards, take in the surrounding gardens and the tiny village of Schlitz during a ride in a horse-drawn carriage.

On your way back to the ship, you will pass by the stately home of Schorssow, nestled on the banks of a tranquil lake.

- **By coach/horse-drawn carriage/on foot, subject to a minimum of 20/maximum of 40.**
- **Please note: There is very little walking on this tour, however there are 2 large steps to enter the horse-drawn carriage.**



ZEEBRUGGE, Belgium

Bruges Sightseeing & Canals

Tour 413A – Approx. 4½ hours

Start your tour with a narrated panoramic drive with scenes of the Flemish countryside, before arriving in Bruges for a walking tour and canal ride, followed by free time for shopping.

Bruges is an exquisitely preserved medieval town. It had the good fortune to be linked with the sea by a navigable waterway and the city became a leading member of the Hanseatic League in the 13th century, when the town established Europe's first stock exchange. As you enter the historical old town of Bruges, the beautiful medieval atmosphere is immediately evident. Cobble-stoned streets twist and turn and centuries-old buildings hover over the main canals.

Enjoy a guided walk through the picturesque city passing the Market Place with its merchant guild houses, the Belfry Tower, Town Hall and Gothic-style Chapel of the Holy Blood (exterior views only). One of the highlights of your tour will be a 30-minute guided canal boat cruise where you will also see the beauty of medieval Bruges from a different perspective.

Afterwards, you will have some free time to browse around Bruges. The shops are plentiful and full of souvenirs, delicious Belgian chocolates, tapestries and the world-famous lace.

- **By coach/canal boat/on foot, subject to a minimum of 40/maximum 240.**
- **Please note: There are steps to negotiate when boarding/d disembarking the canal boat. There is approximately 1½ hours of walking, including cobble stones and steps, during the guided tour, with the free time at your own pace. We recommend comfortable walking shoes. This tour does not include lunch or refreshments and so please remember to take local currency with you should you wish to purchase these during your free time.**



Panoramic Ghent & Canal Boat

Tour 413B – Approx. 4½ hours

A scenic hour-long drive will take you through the typical Flemish countryside to the medieval city of Ghent. The Flemish city of Ghent was once the most powerful next to Paris in the 16th century. On arrival you board a canal boat for an orientation of the city from the canal.

As you cruise through the historic city see highlights such as the Chinese Teahouses, the Pharmacodynamics Institute, the Bijloke, the Palace of Justice, The Old Guildhalls, the impressive Castle of the Counts, the Fish Market, 13th century Monasteries and the ancient port of Ghent along with its mercantile houses.

The canal boat will stop in the centre of Ghent where you will have some free time to explore independently shops which brim with souvenirs, delicious Belgian chocolates and finely made tapestries.

Afterwards, re-board the canal boat for the return trip to the coach that will return you to Zeebrugge.

- 👉 **By coach/canal boat/on foot, subject to a minimum of 30/maximum 90.**
- 👉 **Please note: There are steps to negotiate when boarding/dise­m­bar­king the canal boat. Please remember to take local currency with you should you wish to purchase souvenirs during your free time.**

Ghent is a dynamic city with a centre straight out of the Middle Ages. In rebellion against annexation, it was the simple weavers and poorly trained infantry militia from Bruges, Ghent and the area surrounding the town (but not the town leaders) who took up arms to defeat 10,000 mounted French Knights of King Philip IV in The Battle of the Golden Spurs in 1302.

After a 1-hour drive passing the typical Flemish countryside, you will arrive at the medieval city of Ghent. Your guided walking tour starts at the bottom of St Michael's bridge. On top of St Michael's bridge you will have the most impressive view on the historical city centre. From that point you can see the Old Port with gabled guild houses, the age-old castle of the Counts and the famous "Row of Three Towers," St. Nicolas Church, the Belfry tower and St. Bavo's Cathedral. Pass the old port, the Meat House and the City Hall to reach St. Bavo's Cathedral.

The highlight of this tour will be the visit to a chocolate factory. A Belgian chocolate maker will show you how raw chocolate bars are made into the fine Belgian chocolates using only the best of fresh and carefully selected ingredients. Afterwards, there will be time to purchase some world famous Belgian chocolates.

Following the visit to the factory there will be free time (approximately 45 minutes) for shopping.

- **By coach/on foot, subject to a minimum of 40/maximum 45.**
- **Please note: The drive to/from Ghent is approximately 1 hour. Please note that this tour will include approximately 1¾ hours of walking over cobblestones and with some steps. Comfortable walking shoes are recommended. The free time at the chocolate factory may be subject to time constraints. As there is a low maximum, early booking is recommended.**

You will be transferred to Bruges, where you disembark your coach at a designated drop-off point in the city. Cobbled streets, centuries-old buildings and canals make this medieval city a delight to visit. Shops are plentiful and full of souvenirs, delicious Belgian chocolates, finely made tapestries and the world-famous lace.

- **By coach/on foot, subject to a minimum of 40.**
- **Please note: Please bear in mind that this excursion is non-guided and exclusive of refreshments and entrance fees. The Escort on your coach will lead you to the city centre which is a walk of approximately 20 minutes. City maps will be provided on the coach. At the time specified by your Escort you will meet for the walk back to your coach and the return drive. We recommend comfortable walking shoes.**



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